



Competitive Equestrian VAULTING

“Vaulting is a unique and growing sport that combines dance and gymnastics on a moving horse. It's a wonderful way to develop coordination, balance, strength, and creativity while working in harmony with the horse.” ~ EVUSA

COMPULSORIES

Compulsories are a set of specific positions that are judged on the competitor's ability to demonstrate strength, flexibility, balance, and harmony with the horse. Positions demonstrated, and gait at which positions are performed, are dependent upon the vaulter's experience level. They comprise the core, non-freestyle portion of a competition which can be performed on a barrel or horse.



FREESTYLE

Freestyles are choreographed, artistic, and musical performances designed to showcase a vaulter's creativity, strength, and balance. These routines, which can be performed on a barrel or horse, are tailored to the individual and feature dynamic, static, and acrobatic movements. Routines are developed by the vaulter and coach to highlight individual strengths.



PAS-DE-DEUX & TEAM

In addition to competing as individuals, vaulters may compete as part of a pair, known as a pas-de-deux, or as part of a team or squad, which consists of between four and six vaulters. Pas-de-deux and teams compete in compulsories, where individual scores are totaled for the team, and in a group freestyle routine where two or three vaulters are on the barrel or horse at a time.



COMPETING ON A HORSE

- At rated competitions, a horse is required
- Partners competitors and equines together
- Challenges competitors to perform routines on the dynamically moving horse

COMPETING ON A BARREL

- Generally, more affordable
- Easier for beginners to master routines
- Good option for teams that are new to competition



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