



PATH Intl.
Advanced Therapeutic Riding Instructor
**CERTIFICATION CANDIDATE
HANDBOOK**

**We are thrilled you are interested in pursuing the PATH Intl.
Advanced Therapeutic Riding Instructor Certification!**

We look forward to helping you achieve your certification goals.

certificationrequirements@pathintl.org | www.pathintl.org

PATH INTL. ADVANCED THERAPEUTIC RIDING INSTRUCTOR JOB DESCRIPTION

A PATH Intl. Advanced Therapeutic Riding Instructor (ATRI) is responsible for conducting effective, safe and progressive equestrian lessons for riders of all physical, cognitive, social and/or emotional needs and riding abilities. ATRIs must know and demonstrate upper-level riding skills and application of riding aids to both riders with and without physical and cognitive challenges, ensuring they receive high-quality instruction that promotes skill development and independence.

A PATH Intl. ATRI should be able to perform the following tasks:

- Deliver structured, progressive riding lessons that align with best practices in industry standards.
- Demonstrate and teach advanced riding techniques to enhance rider development.
- Assess new riders by understanding their challenges, strengths and needs, to establish realistic goals and set them up for success.
- Continually assess riders who have had changes to their physical, cognitive or emotional needs and adapt teaching techniques, equipment, equines or volunteer needs to meet those changing needs.
- Match horses and riders appropriately to ensure safety, success and positive learning experiences.
- Utilize adaptive techniques to meet the unique needs of each rider.
- Ensure equine welfare, including health assessments, soundness evaluations and conditioning programs, to maintain a fit and suitable equine partner for therapeutic riding.
- Effectively work with volunteers of varied experience levels and provide guidance, training and support to create a collaborative and knowledgeable team.
- Respond to emergencies (e.g., emergency dismounts, basic horse first aid issues)

With what may a PATH Intl. ATRI require assistance from other equine assisted services professionals?

- Mount and dismount non-ambulatory individuals with disabilities (e.g., wheelchair mount/dismount with or without a lift)

With what tools should a PATH Intl. ATRI be familiar?

- Equestrian equipment
- Mobility and language assistive devices
- Mounting and dismounting equipment (e.g., ramps, blocks, lifts)
- Digital note-taking programs
- Progress tracking scales/measurement tools
- Disability-related resource materials

In what environment should a PATH Intl. ATRI be comfortable?

- All equine-related facilities/venues

What is a PATH Intl. ATRI NOT expected to do/know?

- Provide therapy (physical, emotional, educational)
- Facilitate learning and/or application of life skills

GETTING STARTED

PHASE 1

- Be 21 years of age or older
- Be a PATH Intl. Professional Member
- Purchase and submit PATH Intl. ATRI Application
- Submit proof of adult & child CPR and first aid certifications
- Complete the online PATH Intl. Standards course and exam (score valid for one year)
- Complete virtual prerequisites

PHASE 2

- Attend an in-person Advanced TRI workshop (valid for two years)

1 YEAR TO COMPLETE

PHASE 3

WITHIN 1 YEAR FROM DATE OF APPROVAL OF APPLICATION:

- Submit a minimum of 120 hours instructing riders with disabilities in mounted therapeutic riding activities at a PATH Intl. Member Center or Premier Accredited Center
- Submit virtual lungeing video to PATH Intl. prior to on-site certification testing
- Attend a PATH Intl. Advanced Therapeutic Riding Instructor onsite certification
- Complete the proctored online Advanced exam

YOU NOW HAVE
**PATH Intl.
Advanced
Instructor Status
(ATRI)!**

NOTE: This diagram is intended to be a general checklist/overview of the application and certification process. Please thoroughly review this handbook as well as the policies & procedures booklet for details on each component within the process.

REMEMBER: Renew annually!



APPLICATION FORM

Please type or print clearly in ink. Please use the form provided.

Candidate's First Name: _____ Candidate's Last Name: _____

PATH Intl. Member ID # _____

Address: _____ City: _____ State: _____ Zip Code: _____

Phone: _____ Email (required): _____

PATH Intl. Center Affiliation (if applicable): _____

I hereby affirm that:

- I am 21 years of age or older
- My PATH Intl. Professional Level Membership is current
- I have enclosed front and back copies of my current adult & child CPR and First Aid cards
- I have enclosed the application fee of \$150. *(Does NOT include enrollment in final exam.)*
- I am able to complete the certification process as outlined and do not need an accommodation

OR

- I am unable to complete the certification process as outlined and have:
 - Downloaded the Reasonable Accommodation Policies and Procedures instructional booklet for the necessary forms
 - Included my written accommodation request with this application
 - Included a letter from my physician verifying my diagnosis and associated limitations

I have carefully read and fully understand the policies and procedures that are laid out in this application booklet.

I am requesting expedited (one business day) processing and have enclosed an additional \$25 processing fee.

I wish to pay by (check one):

- Online invoice (payable via pathintl.org)
- Check (make payable to PATH Intl.)

Signature: _____ Date: _____

TOTAL AMOUNT* \$ _____

*(*Total amount should include application fee, merchandise and expedited processing fee, as applicable)*

NOTE: Please submit your completed application via email to certificationrequirements@pathintl.org.

STEPS TO CERTIFICATION: OVERVIEW

A PATH Intl. Advanced Therapeutic Riding Instructor (ATRI) is knowledgeable in horsemanship and disabilities and understands their relationships to therapeutic riding. Refer to the PATH Intl. ATRI criteria booklet to learn about the skills and knowledge an instructor must possess in order to achieve certification at the PATH Intl. advanced level.

Prerequisites for applying:

- Current PATH Intl. Professional Level Member
- At least 21 years of age

PHASE ONE:

- Purchase PATH Intl. professional level membership
- Purchase Advanced TRI application and student manual
- Submit completed application
- Submit current adult and child CPR and first aid certifications. Upload on PATH Intl. Member Portal or send to Certificationrequirements@pathintl.org (**100% online courses are accepted**)
- Complete the **online Standards Course and Exam** (*score valid for one year*)
- Complete prerequisite webinars
 - Advanced certification components
 - Equine assessment and evaluation

PHASE TWO:

- Attend a PATH Intl. ATRI Workshop (*workshop valid for two years*)

PHASE THREE:

- Submit 120 hours instructing riders with disabilities in mounted activities at a current PATH Intl. Member Center
- Submit Lungeing Video and successfully pass prerequisite to PATH Intl. prior to attending on-site certification event
 - In event that a candidate's lungeing video does not meet requirements there is a \$100 resubmission fee.
- Attend a PATH Intl. Advanced Therapeutic Riding Instructor on-site certification event
- Successfully complete the Advanced Instructor online proctored exam.
 - Candidate will have 60 days from date of enrollment to complete the exam
 - All retakes must be purchased through PATH Intl. There is a \$50 retake fee.

Testing is comprised of four components consisting of unique segments (see next page).

ADVANCED CERTIFICATION COMPONENTS

COMPONENT 1: 120 hours instructing riders with disabilities in mounted activities at a PATH Intl. Member Center

Use forms in this handbook to document hours and submit to PATH Intl. Credentialing Department at Certificationrequirements@pathintl.org.

COMPONENT 2: Video of lungeing skills submitted prior to onsite testing.

Lungeing segment must meet criteria prior to advancing to the onsite testing.

The purpose of the lungeing segment is to assess the candidate's ability to handle a horse on the ground with a lunge line and whip. The lungeing segment is designed to show the candidate's knowledge of assessing soundness and energy level of the equine prior to a work session as well as demonstrate the use of a lunge line and whip as training tools. The lungeing segment is a five-minute demonstration and the candidate should be able to assess the fitness level of the equine and provide an appropriate lungeing session. Lungeing must include walk and trot in each direction and may include cantering if appropriate.

- Candidates are required to lunge one equine for five minutes.

The candidate must lunge the horse in a bridle with a snaffle bit and must use a lunge line and lunge whip. Candidates may apply leg protection to the equine if needed. Reins must be removed from the bridle.

- The lunge line must be connected to the horse using one of the following options:
 1. Directly to the bit (only if the horse has a flash or dropped nose band)
 2. Through the bit and over the poll to the bit on the opposite side of the horse
 3. To the bit and the noseband



- No additional lunging equipment will be required or allowed.
- Lunge lines may be looped or folded in the candidate's hands and must be managed safely and effectively. Acceptable methods of holding the lunge line are pictures to the right.
- When lungeing, equines should travel in both directions and candidates should demonstrate what is appropriate for the amount of time and the equine's needs (walk/trot or walk/trot/canter). Equines must walk and trot in both directions within the 5-minute time frame.



LOOPED



FOLDED

- Candidates must introduce themselves and the horse at the beginning of the video and clearly show the candidate lunge line attachment, bridle, bit, and lunge line hold.
- The 5 minutes will begin when the horse begins to walk on the lunge line.

To submit the video demonstration, applicants must take the following steps:

1. Title video file with:

- Last name
- Date of submission using two digits for both the month and day and four digits for the year
- Periods to separate the month, day and year
- File type (i.e., video file format)
- No spaces between any of the items

For example: Sam Smith's video submitted on January 3, 2020 would be titled: Smith01.03.2020.mp4

NOTE: Videos that are not titled using the above convention may not be connected to the correction application, resulting in the application being recorded as incomplete and/or subject to a \$250 processing fee.

2. Title the copy of the photo ID using the same naming convention as described above.

For example: A JPEG of Sam Smith's photo ID submitted on January 3, 2020 would be titled: Smith01.03.2020.jpg

NOTE: Copies of photo IDs that are not titled using the above convention may not be connected to the correction application, resulting in the application being recorded as incomplete and/or subject to a \$250 processing fee.

3. Fill out and upload "candidate filming release form" on page 6 of this packet. to the secure PATH Intl.

Dropbox at <https://www.dropbox.com/request/f7gd9xzpOalU5vLFVDmh> by following the steps provided by Dropbox.

- The video should be uploaded at the same time the application is submitted—regardless of whether the application is submitted online, via email or by mail. Online submission of applications is encouraged for speedier processing. All videos and photo IDs must be uploaded to the secure PATH Intl. Dropbox. Emailed videos and photo IDs will be immediately deleted for security purposes.
- In event that a candidate's lunging video does not meet requirements there is a \$100 resubmission fee.

Video Specifications Checklist:

- The video is clearly visible and is one continuous recording (NOT edited), no longer than five minutes of active lunging.
- An introduction of applicant is included.
- Applicant's face is clearly visible during self-introduction and at several points during the demonstration.
- Photocopy of applicant's driver's license or other photo ID has been uploaded with the video to the secure PATH Intl. Dropbox.
- Lungeline attachment is shown.
- Hold of lungeline is shown.
- The working area meets the requirements listed in the current PATH Intl. Standards for Certification and Accreditation manual.
- All gates are securely closed during the demonstration.
- All elements of the lunging test are demonstrated at least once.
- Applicant has completed all parts (including checkboxes) of BOTH the "Applicant Filming Release" and "Applicant Waiver and Release of Liability" forms.



PATH Intl. Advanced Therapeutic Riding Instructor (ATRI) CANDIDATE RELEASE AND WAIVER

CANDIDATE FILMING RELEASE

I hereby consent to and authorize the undersigned individual ("Candidate") to video record me participating in horseback riding activities as part of their application for Professional Association of Therapeutic Horsemanship International (PATH Intl.) Certified Therapeutic Riding Instructor certification.

I hereby consent to and authorize this video record of me participating in the lungeing component as part of the application for Professional Association of Therapeutic Horsemanship International (PATH Intl.) Advanced TRI certification.

Furthermore, I consent to PATH Intl. distributing any video images of me to individuals authorized to review Advanced TRI applications..

BY CHECKING THE BOX BELOW, I ACKNOWLEDGE AND AGREE THAT I HAVE READ THIS RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I SIGN IT OF MY OWN FREE WILL.

➡ I Agree

Print Candidate's Name: _____

Please check one (optional): I DO or DO NOT authorize PATH Intl. to use my video for training and quality assurance of PATH Intl. Advanced Therapeutic Riding Instructor application reviewers.

Candidate's Signature: _____

Date: _____

CANDIDATE WAIVER AND RELEASE OF LIABILITY AGREEMENT

In consideration of participation in equine assisted services activities as part of my application for PATH Intl. Advanced TRI certification, I hereby understand and agree to this release of liability, waiver of legal rights, and assumption of risk and to the terms hereof as follows:

1. I acknowledge that horseback riding involves activities and that such activities are subject to mishap and even injury to participants. I expressly voluntarily assume all risk I may sustain while participating in horseback riding activities whether or not caused by the negligence of the released party.
2. I take full responsibility for, release and hold harmless PATH Intl., its directors, officers, employees, and agents ("Released Parties") from any and all liability, claims, or causes of action that I may hereafter have for injuries or damages arising out of my participation in horseback riding activities as part of my application for PATH Intl. Advanced TRI certification. I further agree that I will not sue or make claim against the Released Parties for damages or other losses sustained as a result of my participation in horseback riding activities. I also agree to indemnify and hold the Released Parties harmless from all claims, judgments and costs including attorney's fees, incurred in connection with any action brought as a result of participation in horseback riding activities by any of the undersigned.

BY CHECKING THE BOX BELOW, I ACKNOWLEDGE AND AGREE THAT I HAVE READ THIS RELEASE OF LIABILITY, WAIVER OF LEGAL RIGHTS AND ASSUMPTION OF RISK AND FULLY UNDERSTAND ITS CONTENTS. I SIGN IT OF MY OWN FREE WILL.

➡ I Agree

Print Candidate's Name: _____

Candidate's Signature: _____

Date: _____

ON-SITE CERTIFICATION: DEMONSTRATIONS FOR THE HORSEMANSHIP AND TEACHING COMPONENTS

Candidates' riding and instruction skills will be assessed by two PATH Intl. Evaluators. These individuals have been through specialized training and have commensurate knowledge of the certification process.

COMPONENT 3: HORSEMANSHIP (ON-SITE TESTING):

Segments: *Riding, Stable Management* and *Equine Evaluation*

Candidates will be assigned two different equines to ride.

- All candidates must wear ASTM/SEI approved helmets during their riding demonstration.
- Candidates will groom and tack their first mount.
- The riding segment will be conducted in a group.
- Candidates will be divided into groups as circumstances dictate.
- Candidates will be asked to perform skills included in the PATH Intl. Advanced instructor criteria.
 - On the first horse, candidates will warm-up at the walk, trot and canter and then be asked to execute a simple lead change through the trot, lengthening of stride at the trot and sitting trot. On the second horse, candidates will demonstrate a brief warm-up and then execute a leg yield at the trot, sidepass, turn on the forehand, turn on the haunches and sitting trot without stirrups.

Candidates will warm up their equines appropriate to the equine's needs and demonstrate an equine assessment, utilizing the riding skills listed in the Advanced Criteria.

- No tack changes (other than for safety concerns or for stirrup length) will be permitted.
- Questions regarding the use of artificial aids should be directed to the host site representative.
- Ride times may vary slightly according to circumstances, but candidates should anticipate a total ride time for both equines to be approximately 30 - 45 minutes.
- After dismounting the second equine, candidates will meet individually with the evaluators to verbally assess the two equines they rode.

Registering for Advanced In-Person Event

It is recommended that candidates do not make non-refundable travel arrangements until the registration deadline has passed and it has been determined that the certification will take place.

• Eligibility for registering for a workshop:

- Be a current PATH Intl. Professional Level Membership
- Purchased and submitted a PATH Intl. Advanced Instructor application to the PATH Intl. office (valid for one year)
- Submitted current adult and child CPR/First Aid Certification Card
- Completed online virtual prerequisites
- Completed the PATH Intl. Standards exam with a score of 90% or better less than one year prior to the date of certification testing. *PATH Intl. Standard Exam scores are valid for one year.*

• Eligibility for registering for an in-person certification testing event:

- Attend an in-person PATH Intl. Advanced TRI workshop (valid for two years)
- Submit form documenting a minimum of 120 hours instructing riders with disabilities in mounted activities at a current PATH Intl. Member Center

- **Certification registration paperwork submitted to the host site:**

- Personal reference
- Professional reference
- PATH Intl. Member Center reference

COMPONENT 4: TEACHING (ON-SITE TESTING):

Segments: *Lesson for riders without disabilities* and *lesson for riders with disabilities*

Candidates will teach a total of two lessons: one lesson to two able-bodied riders and one lesson to three riders with disabilities.

Lesson for riders without disabilities:

- Candidates will draw the riding skill to be taught immediately before entering the arena.
- Candidates will teach a 20-minute lesson to a group of two able-bodied riders. The 20-minute lesson must include a short warm-up at the walk, trot and canter prior to teaching the skill the candidate has drawn.
- The riders assigned will be of at least intermediate skill level (secure at walk, trot and canter), appropriately matched to the skills to be drawn.
- The equines chosen for this component will be able to walk, trot/jog and canter/lope and will also have basic training in lateral movements.

Possible skills that will be drawn:

Turn on the haunches, turn on the forehand, posting trot through a three-loop serpentine, sidepass, leg yield at the trot, simple change of canter lead through the trot.

Lessons for riders with disabilities:

Candidates will teach one lesson to three students with disabilities

- Candidates must be on site at least one hour before their assigned teaching times.
- Teaching times will be drawn
- Lessons for riders with disabilities will be 30 minutes long, from first mount to last dismount. (Some flexibility may be granted for difficult mounts/dismounts).
- Rider profiles must be supplied to the candidates the evening before.
 - Lesson plans should be developed based on the information provided in the rider profiles.
 - Candidates will provide their lesson plans to the evaluators prior to the beginning of the lessons.
- Candidates are considered responsible for the safety of the lesson and may choose to change or adjust tack, provide guidance to volunteers, etc. Remember to be courteous and professional.
- The lesson may have a mix of riders with cognitive and physical disabilities. All riders in the lesson must require volunteer support which may include a leader, leader-spotter, and/or sidewalkers and one rider must have a mobility challenge and the candidate must demonstrate a non-traditional mount/dismount (crest, lift, stand pivot, two-person lift).
- If a lift mount is required, the host site will provide orientation and instruction about how the lift works.
- Candidates should be experienced and prepared to do mounts that may include any of the following: crest, lift, stand pivot, two-person lift
- Candidates will turn in their lesson plans to the evaluators before starting their lessons.

- After the lesson, candidates will pick up their lesson plans from the evaluators, complete a self-evaluation/ lesson reflection, then return them to the evaluators.
 - The self-evaluation/lesson reflection must be done independently and must include an assessment of at least one equine/rider/tack match from one of the therapeutic riding students.
- Candidates are responsible for ensuring that their horses, volunteers and arena are set up for the class. The host site representative will identify volunteer needs for each rider. Candidates are responsible to confirm with the host site representative how these needs will be met on the day of certification.
- Candidates are expected to make any equipment or other changes deemed necessary.
- Every effort will be made by the host site to provide suitable riders, volunteers and horses. However, as in any therapeutic riding program, there exists the possibility of last minute substitutions. In the event that a substitution is made, the host site representative will provide the candidate with information specific to the change.

COMPONENT 5: ONLINE PROCTORED EXAM

Completed AFTER attending on-site certification testing and results are processed by PATH Intl. offices.

- After successfully completing the on-site certification testing, candidates will be enrolled in the final, online proctored exam. Please allow up to 60 days for enrollment.
- Exams are proctored and must take place at a PATH Intl. Member Center or Premier Accredited Center with the appropriate proctor IE a PATH Intl. Certified Professional to whom the candidate has no relation to.
- Candidates must score 80% or above to pass the examination.
- The exam may be retaken as many times as needed for a \$50 fee for each attempt
- The exam must be proctored each time, though the proctor does not need to be the same person for each attempt. A proctor letter should be submitted for each proctor present.

PHASE FOUR: On-Site Certification Results

- At the completion of the on-site certification, the evaluators will schedule individual exit interviews with each candidate. Candidates will receive a copy of their results during the exit interview.

PLEASE NOTE: On-site certification results are not considered official until PATH Intl. confirms all requirements have been met and the Candidate has successfully completed the PATH Intl. Advanced TRI Final online proctored exam.

Upon conclusion of the certification, the results are sent to PATH Intl. to be processed. Formal notification of the results will be sent to the candidate by PATH Intl. via US Mail within 60 days after the completion of the certification.

RESUBMISSION PROCESSES

COMPONENT 2: LUNGEING (VIDEO SUBMISSION)

- If a candidate is found to not meet criteria for component 1, the candidate may submit a new video after payment of the video resubmission fee of \$100.

COMPONENT 3 & 4: HORSEMANSHIP AND TEACHING:

Segments: *Riding, Stable Management* and *Equine Evaluation*

Segments: *Lesson for riders without disabilities* and *Lesson for riders with disabilities*

- If a candidate is found not to meet criteria for any segment of components 3 or 4, the candidate will only be required to resubmit for the segment(s) found not to meet criteria.
- Resubmission for any segment of components 3 or 4 must be completed at an on-site certification.

Candidates will have one year from the date of their original testing to resubmit

COMPONENT 5: ONLINE ADVANCED EXAM

- The online exam may be retaken as many times as needed. A \$50 retake fee will be assessed for each reenrollment. Please allow two business days following completion of payment for reenrollment. The exam must be proctored each time, though the proctor does not need to be the same person for each attempt. A proctor letter should be submitted for each proctor present.

ACCOMMODATIONS

An accommodation is an adjustment or an adaptation of a component or components of the ATRI certification process in order to meet the special needs of a candidate.

Reasonable accommodations may be granted to qualified individuals with known disabilities, unless doing so would result in a fundamental change to the certification criteria, create an undue hardship or cause a direct threat to health or safety.

Requests for an accommodation to any part of the process must be made in writing by the candidate and submitted to the PATH Intl. office. All requests for accommodation must be accompanied by a letter from a physician (with letterhead and physician's handwritten signature) verifying the diagnosis and defining the candidate's limitations to help PATH Intl. determine appropriate, reasonable accommodations on an individual basis. Please visit the website to obtain the Reasonable Accommodation Policies and Procedures instructional booklet for the necessary forms.

Accommodation requests should be submitted with the initial instructor application. An accommodation request may be submitted after the instructor application has been

received by PATH Intl., but sufficient processing time should be provided prior to the intended date of certification. Please allow up to 60 days to receive accommodation request results in all cases.

Submitting a Reasonable Accommodation Request

If an advanced instructor candidate is unable to physically demonstrate competence of certain PATH Intl. ATRI criteria due to physical limitations caused by a disability, the following must be provided to the PATH Intl. Credentialing Department no less than 60 days prior to certification:

1. A request in writing, by the candidate, which includes an explanation of the reason for a physical accommodation.
2. A letter from a physician (with letterhead and physician's handwritten signature) verifying the diagnosis and defining the candidate's limitations.
3. If requesting a riding accommodation: Documentation of prior demonstration and aptitude of riding skills that satisfy the PATH Intl. ATRI Horsemanship Criteria. The candidate must propose which criteria is/are satisfied by each piece of documentation.

Acceptable documentation may include but is not limited to:

- certifications/credentials earned through other riding certification programs
- competition score sheets
- references from qualified and certified riding professionals
- videos*
- photographs*

Physical accommodation requests will be reviewed by PATH Intl.'s Riding Certification Subcommittee on an individual basis to determine appropriate, reasonable accommodations. Candidates will be notified of the decision. When a request for a physical accommodation is approved, PATH Intl. will notify the candidate and assist in making necessary arrangements.

* Copy of driver's license must be provided to verify identity

NOTE: PATH Intl. reserves the right to request additional supporting documentation

RECOMMENDED RESOURCES

The following are suggested references for preparation. Please contact the phone number and/or address listed for ordering and pricing information.

PATH Intl. Standards for Certification and Accreditation Manual (current edition).

The manual is available for purchase as a hard copy or downloadable version from the PATH Intl. store online. PATH Intl. members may download the manual from the member's only section of the PATH Intl. website at www.pathintl.org.

* *101 Arena Exercises*, Cherry Hill, available from Story Communications, Inc. (800) 441-5700

* *Becoming an Effective Rider*, Cherry Hill, available from Story Communications, Inc. (800) 441-5700

CHA Composite Horsemanship Manual, available from CHA (859) 259-3399, www.cha.horse.

Comprehensive Guide to Equine Assisted Activities and Therapies, Dewkett, M.N., Brady, H.A., Hernandez, H.M., available on amazon

Children with Disabilities, Mark L. Batshaw, M.D., available from Paul H. Brooks Publishing Company

* *Horses, Gaits, Balance, Movement*, Susan Harris, available from Howell Book House, (800) 428-5331

* *US Pony Club Manual of Horsemanship*, B/HA/A, C, D Levels by Susan Harris, (859) 422-5522, www.shopponyclub.org.

* *The USPC Guide to Longeing and Ground Training*, Susan E. Harris, (1997), available from US Pony Clubs (859) 422-5522, www.shopponyclub.org.

* *Can be found in some local bookstores*



PATH Intl. Advanced Therapeutic Riding Instructor Certification Program
DOCUMENTATION OF TEACHING HOURS

Candidate Name: _____ PATH Intl. Member ID # _____

Address: _____ City: _____ State: _____ Zip Code: _____

Phone: Day _____ Phone: Evening _____ Email: _____

DATE OF ACTIVITY	PATH INTL. CENTER NAME	DISCIPLINE (Western/English/etc.)	NUMBER OF MOUNTED RIDERS	HOURS
**Additional forms may be used for additional hours and/or mentors.			TOTAL HOURS	

I do hereby affirm that the information recorded above is accurate and factual.

Candidate Signature: _____ Date: _____

NOTE: Please submit your completed application via email to certificationrequirements@pathintl.org.



PATH Intl. Advanced Therapeutic Riding Instructor Certification Program
CANDIDATE PROFESSIONAL REFERENCE

This reference must be different both from the PATH Intl. Member Center reference and personal reference and cannot be a familial relation. Please type or print clearly in ink. Please attach extra sheets if needed.

Instructor Candidate's Name: _____ PATH Intl. Member ID # _____

Name of Reference: _____ Phone Number: _____

Address: _____ City: _____ State: _____ Zip Code: _____

In what capacity does the reference know the candidate?

Evaluate the candidate's knowledge of horses and horsemanship:

Evaluate the candidate's understanding of individuals with disabilities and riding:

Evaluate the candidate's riding skills:

Reference Signature: _____ Date: _____

NOTE: Please submit your completed application via email to certificationrequirements@pathintl.org.



CANDIDATE PERSONAL REFERENCE

This reference must be different both from the PATH Intl. Center reference and professional reference and cannot be a familial relation. Please type or print clearly in ink. Please attach extra sheets if needed.

Instructor Candidate's Name: _____ PATH Intl. Member ID # _____

Name of Reference: _____ Phone Number: _____

Address: _____ City: _____ State: _____ Zip Code: _____

In what capacity does the reference know the candidate?

Evaluate the candidate's knowledge of horses and horsemanship:

Evaluate the candidate's understanding of individuals with disabilities and riding:

Evaluate the candidate's riding skills:

Reference Signature: _____ Date: _____

NOTE: Please submit your completed application via email to certificationrequirements@pathintl.org.



CANDIDATE MEMBER CENTER REFERENCE

This reference must be different both from the PATH Intl. personal reference and professional reference and cannot be a familial relation. Please type or print clearly in ink. Please attach extra sheets if needed.

Instructor Candidate's Name: _____ PATH Intl. Member ID # _____

Name of Reference: _____ Phone Number: _____

Address: _____ City: _____ State: _____ Zip Code: _____

In what capacity does the reference know the candidate?

How many hours of lesson instruction has the candidate completed at your center?

Evaluate the candidate's knowledge of equines and horsemanship:

Evaluate the candidate's understanding of individuals with disabilities and riding:

Evaluate the candidate's riding skills:

Reference Signature: _____ Date: _____

NOTE: Please submit your completed application via email to certificationrequirements@pathintl.org.



It is the candidate's responsibility to confirm all prerequisite requirements have been satisfied by the appropriate deadlines to ensure they are eligible for certification. Please use this checklist to ensure you are prepared to meet eligibility requirements and deliver the necessary documentation to the host site to help ensure resources are not needlessly expended at the on-site event.

Certification paperwork and eligibility checklist:

- Proof of PATH Intl. Professional Level Membership
- Current PATH Intl. Advanced Therapeutic Riding Instructor Application
- Current PATH Intl. Standards Course and Exam
- At least 21 years of age
- Proof of adult & child CPR and First Aid Certification
- Completion of all virtual prerequisites
- Proof of successful completion lungeing video
- Proof of completion of ATRI workshop participation within the last two years
- Completed documentation of teaching hours form
- Completed personal reference form
- Completed professional reference form
- Completed PATH Intl. Member Center reference form

CANDIDATE BRIEFING

PATH Intl. Evaluators assess candidates' knowledge and skill level. PATH Intl. Advanced Therapeutic Riding Instructor certification will be awarded to instructors who demonstrate comprehensive knowledge of equines and riding skills, skilled riding performance, knowledgeable and effective instruction that promotes progression of riding skills and safety while instructing mounted therapeutic riding lessons to individuals of all abilities.

- Testing situations can be stressful
- Try to look at this as not just a test, but also as a valuable learning experience.
- Evaluators must maintain objectivity and keep conflicts of interest to a minimum, so they may appear somewhat distant. Most questions should be directed to the host site representative.
- Please remember to:
 - Support each other
 - Help set up the arena
 - Treat host site staff, volunteers and equines with respect and kindness
- Candidates are welcome to observe each other's lessons, but no photography or recording of any kind is allowed.
- All candidates will be provided with a tour of the facility prior to the start of testing.
- Teaching times will be drawn at random.

STABLE MANAGEMENT

- Candidates will be observed and evaluated throughout the testing based on handling of equines, respect for the equine, respect for center policy and overall safety awareness in the stable environment.
- Candidates will effectively and efficiently catch, halter, lead, secure, groom and tack up their assigned equine.
- If an equine's tack does not fit correctly, it is expected that the candidate will identify and address the concern with the host site and faculty

Some of the questions candidates may be asked by the evaluators during the Equine Evaluation segment:

- How is the equine's behavior during grooming and tacking? AE 3.2/3.3, 6.1 (2)
- Does the equine have any vices? AE 3.4
- How does the bridle, saddle, equipment fit? AE 8.4/8.5
- Would the equine be appropriate to partner with for a participant doing groundwork? AI 1.3, AE 3.2/3.3

RIDING TEST

- All candidates will ride two different equines.
- The riding segment will be done as a group.
- Candidates will ride in the tack/equipment chosen for the equine by the host site.
- Candidates will be expected to warm up their equines appropriate to the equine's needs and demonstrate an equine assessment, utilizing the riding skills listed in the ATRI Criteria.

- Candidates will perform a select set of skills on the first equine and then be asked to dismount and switch to another equine. On the first equine, candidates will warm-up at the walk, trot and canter and then be asked to execute a simple lead change through the trot, lengthening of stride at the trot, and sitting trot. On the second equine, candidates will demonstrate a brief warm-up and then execute a leg yield at the trot, sidepass, turn on the forehand, turn on the haunches, and sitting trot without stirrups.
- Questions regarding the use of artificial aids should be directed to the host site representative.
- Ride times may vary slightly according to circumstances, but candidates should anticipate a total ride time, with both equines to be approximately 30-45 minutes.
- After dismounting the second equine, candidates will meet individually with the evaluators to verbally assess the two equines they rode.

Some of the questions candidates may be asked by the evaluators during the Equine Evaluation segment may include those relating to Stable Management and the following:

- How does the equine's conformation impact their performance? (form to function) AE 9.5
- Is the equine appropriate for therapeutic riding? AE 10.1
- What sort of participants/riders would be best suited to the equine? AI 1.3
- What sort of continuing education would the equine benefit from? AE 10.3
- Describe if the equine demonstrated tempo, rhythm, impulsion, and tracking up. AE 9.3
- What activities would you include for this equine's training progression? AE 10.3
- What suppling activities would be beneficial to this equine? AE 10.3
- How does the equine's conditioning impact their performance? AE 10.4
- Was the tack and equipment appropriate for the equine? AE 8.4

LESSONS FOR RIDERS WITHOUT DISABILITIES

- Candidates will teach a 20-minute lesson to a group of two riders without disabilities.
- Candidates will draw the riding skill to be taught (listed in the ATRI Criteria) immediately before entering the arena.
- The riders assigned will be of at least intermediate skill level (secure at walk, trot, and canter), appropriately matched to the skills to be drawn.
- The 20-minute lesson must include a short warm-up at the walk, trot, and canter prior to teaching the skill drawn.
- The equines chosen for this component will be able to walk, trot/jog and canter/lope and will also have basic training in lateral movements.

The skills that may be drawn must be from this list: Turn on the haunches, turn on the forehand, posting trot through a three loop serpentine, sidepass, leg yield at the trot, simple change of canter lead through the trot.

LESSONS FOR RIDERS WITH DISABILITIES

- Teaching times will be drawn at random.
- Rider profiles will be given to candidates the evening before the assigned lesson.
- Candidates must be on site at least one hour before their assigned teaching times.
- Lessons for riders with disabilities will be 30 minutes long, from first mount to last dismount. (Some flexibility may be granted for difficult mounts/dismounts).

- Lessons must have three riders each.
- Candidates are considered responsible for the safety of the lesson and may choose to change or adjust tack, provide guidance to volunteers, etc. Remember to be courteous and professional.
- The lesson may have a mix of riders with cognitive and physical disabilities.
- Each lesson must include a rider with a mobility challenge and demonstrate a non-traditional mount/dismount (crest, lift, stand pivot, two-person lift). All riders in the lesson must require volunteer support which may include a leader, leader-spotter, and/or sidewalkers.
- If a lift mount is required, the host site will provide orientation and instruction about how the lift works.
- Candidates should be experienced and prepared to do mounts that may include any of the following: crest, lift, stand pivot, two-person lift.
- Candidates will turn in their lesson plans to the evaluators before starting their lessons.
- After the lesson, candidates will pick up their lesson plans from the evaluators, complete a self-evaluation/lesson reflection, then return them to the evaluators.
- The self-evaluation/lesson reflection must be done independently and must include assessment of at least one equine/rider/tack match from one of the lessons.

RESULTS

Once the last lesson is finished, evaluators will confer, complete and print reports, make copies, etc. This can take a few hours to complete. Exit interviews will be scheduled at 20-minute intervals and conducted privately with each candidate.



EXAM PROCTOR LETTER

Dear Proctor,

Please see the PATH Intl. Advanced Therapeutic Riding Instructor Exam Administration policies below for instructions on administering this exam to candidates. Proctor and candidate: your signatures on the bottom of this form acknowledge that you are agreeing to abide by the policies listed below. A separate letter must be signed and submitted for each candidate.

When the exam is complete, please return this letter to PATH Intl.

ADVANCED EXAM ADMINISTRATION POLICIES

1. Exam must be taken at a PATH Intl. Member Center or Premier Accredited Center. Proctor must be a PATH Intl. professional and not related to the candidate.
2. The exam is a closed book, online exam. A paper copy of the exam may only be administered if the candidate has received a testing accommodation from PATH Intl. An official letter from PATH Intl. verifying this accommodation MUST be supplied to the proctor by the candidate.
3. If the candidate needs reading or writing assistance, the proctor is expected to honor the accommodation parameters as defined in the accommodation letter from PATH Intl.
4. Exam time limit is two hours (unless otherwise defined by the accommodation letter from PATH Intl.)
5. All books and personal articles, including cell phones and electronics, must be cleared from the table during the exam.
6. The candidate is not allowed to leave the room once the exam has begun.
7. The proctor is not allowed to answer any questions from the candidates during the examination.
8. Only candidates who are eligible to take the ATRI exam are allowed in the exam room.
9. If a paper copy of the exam is administered, the exam should be scored by the proctor and the score should be emailed to the PATH Intl. office immediately upon completion of the exam. The scored exam should then be mailed or scanned and emailed to PATH Intl. and the exam key destroyed.

I, the exam proctor, have read the policies for administering the PATH Intl. ATRI Exam and promise to abide by the policies defined as above. I will not share copies of this exam with any individuals besides the candidate, nor share specific questions on the exam with others. I will destroy any copies of the exam key I have received following the completion of scoring the exam.

Proctor's Printed Name: _____

Proctor's Signature: _____ Date: _____

PATH Intl. Member Center/PAC Name: _____

I, the candidate, have read the policies for administering the PATH Intl. ATRI Exam and promise to uphold the policies as defined above. I will not share copies of this exam with any individuals, nor share specific questions on the exam with others. Additionally, I understand that the score attained on this exam is valid for two years.

Candidate's Printed Name: _____

Candidate's Signature: _____ Date: _____

NOTE: Please submit your completed application via email to certificationrequirements@pathintl.org.

The PATH Intl. Advanced Riding Instructor Criteria

The PATH Intl. Advanced Instructor must exceed all the competency expectations of the CTRI including equine management, horsemanship, riding, instruction, teaching methodologies and disabilities. The advanced instructor is expected to apply this knowledge as demonstrated through effective analysis and problem solving in response to the given situation. Also, the advanced instructor is expected to provide accurate reflection, as well as safe and effective demonstration of all PATH Intl. Advanced Criteria.

AE - EQUINE MANAGEMENT

AE.1.0 PATH Intl. Standards

- AE.1.1 Know and implement PATH Intl. Standards and their interpretation for horse care, maintenance, and usage.
- AE.1.2 Know and implement PATH Intl. Standards and their interpretation regarding the use of safety equipment and adaptive equipment.

AE.2.0 Breeds/ Colors/ Markings/ Parts of the Horse

- AE.2.1 Identify and describe a horse by
 - 1) age (equine terms related to gender and age such as: foal, filly, colt, mare, gelding and stallion)
 - 2) color and markings
 - 3) breed characteristics
 - 4) height and weight
- AE.2.2 Know, identify and relate conformation and the parts of the horse and form to function.

AE.3.0 Horse Senses and Behavior

- AE.3.1 Know the characteristics of the senses of the horse.

AE.3.2 Know the characteristics of horse behavior and response to stimuli.

AE.3.3 Know how the senses of the horse and horse behavior affect the safety of the EAS setting.

AE.3.4 Identify and know the causes and management of stable vices including but not limited to:

- 1) cribbing
- 2) weaving
- 3) wind sucking
- 4) stall walking
- 5) biting and kicking
- 6) wood chewing

AE.4.0 Feeds and Feeding

- AE.4.1 Know principles of feeding and feed requirements of the horse, including:
 - 1) hay
 - 2) salt and minerals
 - 3) grain
 - 4) supplements
 - 5) water

AE.4.2 Recognize the signs of poor quality feed.

AE.4.3 Identify and describe different types of forages and feeds.

AE.4.4 Know the pros, cons and purpose of different types of feeds.

AE.5.0 Stable Management

- AE.5.1 Identify appropriate protection for horses, including:
 - 1) fly masks and bonnets
 - 2) shelter
 - 3) fly repellants
- AE.5.2 Know horse manure handling methods for sanitary conditions of stall and turnout areas.
- AE.5.3 Identify bedding materials.

AE.5.4 Identify potential stall and fencing hazards.

AE.5.5 Identify and know pest concerns as well as management.

AE.5.6 Identify and know the use of blankets, sheets, coolers and turnout rugs.

AE.5.7 Identify and know purpose, fitting and how to apply the following boots and bandages:

- 1) bell, splint and ankle boots
- 2) shipping boots/bandages
- 3) hoof boots
- 4) standing/support/first aid wraps
- 5) exercise boots/wraps

AE.6.0 Health and Sickness

AE.6.1 Know and recognize the signs of:

- 1) good health
- 2) behavior
- 3) condition (mental and physical)
- 4) weight gain and loss
- 5) illness/sickness/injury
- 6) abscess
- 7) dehydration
- 8) rain rot
- 9) thrush
- 10) wounds
- 11) parasites
- 12) lice
- 13) ticks
- 14) ring worm
- 15) intestinal worms
- 16) acute conditions
- 17) colic
- 18) choke
- 19) laminitis/founder
- 20) inoculations

AE.6.2 Infectious disease with current vaccines

- 1) distemper (strangles)
- 2) equine encephalomyelitis
- 3) Eastern (EEE)
- 4) Venezuelan (VEE)
- 5) West Nile (WNV)
- 6) Western (WEE)
- 7) equine herpesvirus (EHV)
- 8) equine viral arteritis (EVA)
- 9) equine viral rhinopneumonitis (EVR)
- 10) influenza
- 11) Potomac Horse Fever (PHF)
- 12) rabies
- 13) tetanus

AE.6.3 Infectious disease without current vaccines

- 1) pneumonia
- 2) equine infectious anemia (EIA)
- 3) equine protozoal myeloencephalitis (EPM)
- 4) vesicular stomatitis (VS)
- 5) pigeon fever

6) non-infectious diseases

7) equine metabolic syndrome (EMS)

8) exertional rhabdomyolysis (tying-up, azoturia)

9) hyperkalemic periodic paralysis (HYPP)

10) anhidrosis

AE.6.4 General Maintenance

- 1) hoof care
- 2) de-worming
- 3) teeth floating
- 4) sheath and udder cleaning

AE.6.5 Know and recognize when a horse is unsound.

AE.6.6 Identify normal ranges at rest, how to take TPR (temperature, pulse, respiration).

A.E.6.7 Describe, schedule and maintain records for deworming, vaccination, hoof and teeth care programs.

A.E.6.8 Know first aid treatment for:

- 1) proud flesh
- 2) sprains, strains, bruises
- 3) shock
- 4) wounds
 - abrasion
 - laceration
 - clean cut
 - bruise
 - puncture

AE.6.9 Identify types of shoes and their function.

AE.6.10 Identify characteristics of a correctly or incorrectly shodfoot.

AE.7.0 Grooming

AE.7.1 Identify, demonstrate and explain the use of grooming tools including:

- 1) curry comb
- 2) mane or tail comb
- 3) hard brush/dandy
- 4) shedding blade
- 5) soft brush/body
- 6) sponges
- 7) hoof pick
- 8) sweat scraper

AE.7.2 Know appropriate bathing treatment for skin and muscle soreness and how to give a horse a routine fungicide, liniment, medicated bath.

AE.7.3 Know how to cool down a horse following a work session including the use of liniments

AE.7.4 Know and demonstrate how to clip a horse for maintenance, including:

- 1) bridle path
- 2) muzzle
- 3) fetlock

AE.7.5 Identify and know the purpose of the following clips:

- 1) blanket clip
- 2) hunter clip

- 3) body clip
- 4) trace clip
- 5) belly and gullet clip

AE.8.0 Tack and Tacking

AE.8.1 Identify and know the purpose, use and function of:

- 1) bits
 - action of a straight and jointed snaffle
 - types of cheek pieces and function
 - curbs and related shanks, curb chains, gags
- 2) breastplates and collars, martingales, tie-downs, draw-reins and cruppers
- 3) bitless bridles
- 4) long-lines
- 5) bridles
- 6) martingales
- 7) saddles: English and Western
- 8) safety stirrups
- 9) saddle pads
- 10) safety helmets
- 11) bareback pads
- 12) side reins
- 13) adaptive equipment
- 14) surcingles

AE.8.2 Know and identify the parts of tack as identified in 8.1

AE.8.3 Know how to tack a horse

AE.8.4 Select and evaluate equipment needs for riders and horses, including:

- 1) type of saddle and bridle
- 2) how saddle affects rider position
- 3) how bridle and saddle affect the horse
- 4) adaptive equipment
- 5) long-line and lunging equipment

AE.8.5 Know how to fit tack to horses and riders and know the signs of ill-fitting tack.

AE.8.6 Know how to educate team, including riders, volunteers and staff in the use of the equipment.

AE.8.7 Know and demonstrate tack cleaning, care and maintenance.

AE.9.0 Unsoundnesses and Blemishes/Form to Function

AE.9.1 Recognize the difference between a blemish and an unsoundness. Describe and locate the following blemishes and unsoundnesses:

- 1) bog and bone spavins
- 2) laminitis
- 3) sidebone
- 4) bowed tendons
- 5) navicular
- 6) shoe boil
- 7) capped hocks and elbows

- 8) parrot mouth
- 9) splints
- 10) contracted heels
- 11) quarter crack
- 12) thoroughpins
- 13) curbs
- 14) ringbone
- 15) windpuffs
- 16) heaves
- 17) roaring

AE.9.2 Identify and describe the foot falls and beats of the:

- 1) walk
- 2) canter/lope
- 3) trot/jog
- 4) hand gallop

AE.9.3 Describe and demonstrate tempo, rhythm, impulsion, tracking up.

AE.9.4 Describe the effects of tempo, rhythm, impulsion and tracking up on the rider.

AE.9.5 Identify and relate to form and function common conformation faults of the horse.

AE.10.0 Selection and Training

AE.10.1 Explain the characteristics of a horse in various EAS programs.

AE.10.2 Know how to train to the various needs of an EAS program, including:

- 1) leaders and sidewalkers
- 2) assistive devices, such as ambulation aids and communication devices
- 3) mounting equipment such as ramps, blocks and lifts
- 4) game equipment
- 5) mounting procedures
- 6) dismounting procedures
- 7) student behaviors

AE.10.3 Design, implement and recognize the individual needs for a conditioning, schooling and maintenance program for EAS horses including:

- 1) schooling and conditioning
- 2) suppling
- 3) lungeing
- 4) record keeping
- 5) training progression
- 6) vices

AE.10.4 Know how conditioning relates to performance.

AE.10.5 Identify conformation faults and how they affect the function of the therapeutic riding horse.

AE.10.6 Recognize common conformation faults of the horse.

AH - HORSEMANSHIP

AH 1.0 Horsemanship Preparation and Safety

AH1.1 Know and demonstrate:

- 1) haltering and leading
- 2) tying and safety knot
- 3) grooming and tacking
- 4) proper riding attire

AH1.2 Know and demonstrate:

- 1) selection of lungeing equipment
- 2) a safety check for equipment fit to equine prior to lungeing
- 3) safe use of lungeing equipment

AH1.3 Know and demonstrate the following at the walk, trot, and canter:

- 1) free lungeing in a round pen
- 2) one line lungeing without side reins
- 3) one line lungeing with side reins

AH1.4 Know the principles of two-line lungeing

AH1.5 Know the principles of ground driving

AH1.6 Know the principles of in hand work

AH.2.0 Mounting and Dismounting

AH.2.1 Know and demonstrate:

- 1) mounting and dismounting from ground or mounting block/ramp
- 2) how to assist a rider during mounting and dismounting
- 3) an equipment check prior to mounting
- 4) stirrup adjustment prior to mounting

AH.3.0 Position

AH.3.1 Know and demonstrate effective position at the:

- 1) walk - free walk and working walk
- 2) trot or jog - sitting
- 3) trot - posting
- 4) canter or lope
- 5) two point at the walk, trot/jog and canter/lope
- 6) walk, sitting trot or jog, posting trot, canter/lope without stirrups
- 7) two point at the walk and trot or jog without stirrups
- 8) reinback
- 9) hand gallop

AH.3.2 Know and demonstrate shortening and lengthening reins.

AH.4.0 Gaits

AH.4.1 Know and demonstrate:

- 1) walk - free walk and working walk
- 2) trot or jog - sitting
- 3) trot/jog - posting on correct diagonal
- 4) canter or lope on correct lead

5) reinback

6) change of diagonals at the trot/jog

7) lengthening and shortening at the walk and trot/jog

8) hand gallop

AH.4.2 Know and demonstrate different degrees of contact for all gaits.

AH.4.3 Know and demonstrate straightness of the horse during all gaits.

AH.4.4 Know and demonstrate the following transitions:

- 1) walk to trot/jog
- 2) canter/lope to walk
- 3) walk to canter/lope
- 4) canter/lope to trot/jog
- 5) trot/jog to canter/lope
- 6) canter/lope to halt
- 7) trot/jog to walk
- 8) walk to halt
- 9) trot/jog to halt

AH.5.0 Aids

AH.5.1 Know and demonstrate the following natural aids:

- 1) hands
- 2) voice
- 3) legs
- 4) weight
- 5) seat

AH.5.2 Know and demonstrate appropriate use of the artificial aids.

AH.5.3 Know and demonstrate the following rein aids:

- 1) direct
- 2) neck rein
- 3) leading/opening
- 4) pulley rein
- 5) indirect rein

AH.5.4 Know and demonstrate the following leg aids:

- 1) both legs at the same time
- 3) leg at the girth
- 4) alternating leg aids
- 5) leg behind the girth

AH.6.0 Movements

AH.6.1 Know and demonstrate the following lateral movements:

- 1) turn on the forehand
- 2) leg yield at the walk and trot or jog
- 3) side pass
- 4) shoulder in
- 5) haunches in
- 6) bending
- 7) pivots/turn on haunches

AH.6.2 Know and demonstrate half halts.

AH.6.3 Recognize and demonstrate riding on effective

contact.

AH.6.4 Know and demonstrate simple change of lead through the trot.

AH.7.0 Ring Figures

AH.7.1 Know and demonstrate the following ring figures:

- 1) various changes of rein
- 2) half circle in reverse
- 3) circles
- 4) serpentine
- 5) figure eights
- 6) spirals
- 7) half circles

AH.8.0 Exercises and Games

AH.8.1 Know and demonstrate mounted rider exercises at the walk and trot/jog and canter/lope.

AH.8.2 Know and demonstrate riding without stirrups at the walk and sitting trot/jog, posting trot, canter/lope, two point.

AH.8.3 Know and demonstrate safe use of ground poles at walk, sitting trot/jog, posting trot and two point.

AH.8.4 Know and demonstrate design and set up of obstacle course.

AH.8.5 Know and demonstrate proper spacing of ground poles.

AH.8.6 Know and demonstrate safe and effective lungeing of the horse.

AH.8.7 Know and demonstrate suppling exercises for the horse.

AI - INSTRUCTION

AI.1.0 Horsemanship Preparation and Safety

AI.1.1 Instruct the following:

- 1) grooming and tacking
- 2) tying and safety knot
- 3) haltering and leading
- 4) proper riding attire
- 5) proper spacing when leading or riding in a group

AI.1.2 Orient student to facility, stable rules and safety rules.

AI.1.3 Select horse for individual riders according to:

- 1) behavior
- 2) movement quality
- 3) temperament
- 4) physical characteristics such as height, width and size
- 5) training

AI.1.4 Instruct a group lesson of three or more mounted riders

AI.1.5 Know and implement PATH Intl. Standards and their interpretation regarding lesson area.

AI.2.0 Mounts and Dismounts

AI.2.1 Instruct the following:

- 1) mounting and dismounting from ground or mounting block
- 2) how to assist a rider during mounting and dismounting
- 3) equipment check prior to mounting
- 4) stirrup adjustment prior to mounting
- 5) independent, partially assisted, fully assisted mounts from the ground, block and ramp
- 6) the volunteer team on effective assistance during mounting and dismounting

AI.3.0 Position

AI.3.1 Instruct correct position at the:

- 1) halt
- 2) canter or lope
- 3) walk - free and working walk
- 4) two point at walk, trot, canter
- 5) trot or jog - sitting
- 6) reinback
- 7) trot - posting
- 8) walk, sitting trot or jog, posting trot without stirrups

AI.3.2 Instruct lengthening and shortening of reins

AI.4.0 Gaits

AI.4.1 Instruct:

- 1) walk - free walk and working walk
- 2) trot (sitting) or jog
- 3) trot - posting on correct diagonal
- 4) canter or lope on correct lead
- 5) change of diagonals at the trot
- 6) lengthening and shortening at the walk and trot/jog
- 7) hand gallop

AI.4.2 Instruct different degrees of contact at all gaits.

AI.4.3 Instruct straightness of the horse at all gaits.

AI.4.4 Instruct the following transitions:

- 1) walk to halt
- 2) trot/jog to halt
- 3) walk to trot/jog
- 4) trot/jog to walk
- 5) walk to trot/jog to canter/lope
- 6) canter/lope to walk
- 7) walk to canter/lope
- 8) canter/lope to trot/jog
- 9) trot/jog to canter/lope
- 10) canter/lope to halt

AI.5.0 Aids

AI.5.1 Instruct the following natural aids:

- 1) hands
- 2) legs
- 3) seat
- 4) voice
- 5) weight

AI.5.2 Instruct the appropriate use of the following artificial aids such as:

- 1) crop
- 2) martingales
- 3) spurs
- 4) other adaptations and their function

AI.5.3 Instruct the following rein aids:

- 1) leading / opening
- 2) indirect
- 3) direct
- 4) neck rein

AI.5.4 Instruct the following leg aids:

- 1) both legs at the same time
- 2) leg at the girth
- 3) alternating leg aids
- 4) leg behind the girth

AI.6.0 Movements

AI.6.1 Instruct the following lateral movements:

- 1) turn on the forehand
- 2) bending a horse through corners, on circles and ring figures
- 3) leg yield
- 4) shoulder in
- 5) haunches in
- 6) turn on the haunches

AI.6.2 Instruct half halts

AI.6.3 Instruct simple change of lead through the trot

AI.7.0 Ring Figures

AI.7.1 Instruct the following ring figures:

- 1) changes of rein
- 2) half circles
- 3) circles
- 4) half circle in reverse
- 5) figure eight
- 6) serpentines

AI.8.0 Exercises and Games

AI.8.1 Instruct mounted rider exercises at the walk and trot or jog.

AI.8.2 Instruct riding without stirrups at the walk and sitting trot, posting trot, canter or lope.

AI.8.3 Instruct riding over ground poles at walk, sitting trot or jog, posting trot and point

AI.8.4 Instruct riders through an obstacle course.

AI.8.5 Utilize appropriate games in the riding setting.

AI.8.6 Instruct a rider on a lunge line.

AI.9.0 Ground and Stable Lessons

AI.9.1 Instruct ground stable management lessons that are within the knowledge requirements of the advanced instructor level.

AT – TEACHING METHODOLOGY

AT.1.0 PATH Intl. Standards and Information

AT.1.1 Know and implement PATH Intl. Standards.

AT.1.2 Know PATH Intl. Services

AT.1.3 Know PATH Intl. Instructor Certification

AT.1.4 Know and implement the policies and procedures related to all emergency situations and house rules of the center.

AT.2.0 Record Keeping

AT.2.1 Verify that the student forms are complete and updated for students the instructor teaches.

AT.2.2 Interpret student forms and apply the information to the EAS Setting

AT.2.3 Write and maintain progress notes on participants.

AT.2.4 Complete incident report as needed.

AT.2.5 Comply with confidentiality requirements.

AT.2.6 Process rider forms.

AT.3.0 Lesson Plans

AT.3.1 Assess the participant's skills, goals and objectives for the individual participant.

AT.3.2 Develop a lesson plan to achieve the goals and objectives incorporating appropriate riding skills.

AT.3.3 Choose activities and skills suitable for the objective of the lesson

AT.3.4 Know and utilize individual planning tools such as Individual Education Plan (IEP), ISP, etc.

AT.3.5 Demonstrate organization in the lesson sequence that promotes progression.

AT.4.0 Teaching

AT.4.1 Know and demonstrate teaching skills applicable to the advanced instructor level, to include:

- 1) safe and effective mounting and dismounting procedures
- 2) flexibility and adaptability in pursuit of stated teaching objectives
- 3) teaches to level of student's physical and cognitive ability
- 4) fair and consistent in applying standards of behavior
- 5) shows genuine interest in each student
- 6) progresses participants toward independence
- 7) effective use of volunteers
- 8) appropriate games and exercises
- 9) appropriate specific praise

- 10) adapts and corrects equipment
- 11) provide whats, hows, whys
- 12) flexibility of teaching techniques
- 13) posture corrections
- 14) progression of equitation skills
- 15) rapport
- 16) teaches at individual rider's level
- 17) teaching environment
- 18) gives clear and concise instructions
- 19) control of class
- 20) ring presence
- 21) effective communication techniques

AT.4.2 Possess instructor attributes, to include:

- 1) common sense
- 2) professionalism
- 3) ethical
- 4) punctual
- 5) organized
- 6) respect for riders and horses
- 7) patience
- 8) self-confidence
- 9) positive attitude
- 10) team player
- 11) knowledge of subject at instructor skill level
- 12) Understanding of horse behavior

AT.4.3 Meet annual continuing education requirements for the advanced instructor (20 hours, current adult/child CPR and first aid, maintain PATH Intl. membership and renewal fees).

AT.5.0 Methods

AT.5.1 Know and address the different learning styles of riders including:

- 1) auditory
- 2) kinesthetic
- 3) visual

AT.5.2 Know and use behavior management techniques to maintain class control.

AT.5.3 Develop the instructional team to include the role of:

- 1) instructor
- 2) support professionals
- 3) therapist
- 4) teamwork concepts
- 5) volunteer team

AT.5.4 Identify and manage dysfunctional behaviors.

AT.5.5 Provide initial and ongoing team training.

AT.5.6 Work with instructional team (instructors, therapists, volunteers, students, families and care providers), including:

- 1) develop rapport
- 2) provide direction to leader and sidewalkers during lesson

- 3) assign volunteers to riders
- 4) provide feedback to team members
- 5) reward team members

AT.5.7 Determine rider placement according to disability, age, size, skill/ability.

AT.5.8 Know and implement the following teaching techniques:

- 1) cueing
- 2) repetition
- 3) modeling
- 4) prompting
- 5) scaffolding

AT.5.9 Know and implement the following teaching prompts and cues:

- 1) gradual guidance
- 2) tactile
- 3) hand over hand
- 4) verbal
- 5) independent
- 6) visual

AT.5.10 Know, develop and evaluate a task analysis.

AT.5.11 Develop and utilize a teaching system that is challenging, educational and promotes skill progression.

AD- DISABILITIES

AD.1.0 Know human anatomy.

AD.1.1 Identify parts of the human skeleton.

AD.1.2 Know the terminology related to movement and posture.

AD.1.3 Know the muscles that are important in equine activities.

AD.1.4 Know the parts of the brain.

AD.2.0 Disabilities

AD.2.1 Know precautions and contraindications to therapeutic horsemanship.

AD.2.2 Know definition, causes, characteristics and

teaching techniques for the following disabilities:

- 1) Amputation
- 2) Apraxia
- 3) Arthritis
- 4) Asthma
- 5) Attention deficit/hyperactivity disorder
- 6) Autism spectrum disorder
- 7) Behavior disorders
- 8) Cerebral palsy
- 9) Cerebral vascular accident
- 10) Developmentally delayed
- 11) Down syndrome
- 12) Dwarfism
- 13) Emotionally disturbed
- 14) Epilepsy
- 15) Fetal alcohol syndrome - effect

- 16) Hearing impaired
- 17) Hydrocephalus
- 18) Intellectual disabilities
- 19) Learning disabilities
- 20) Limb deficiencies
- 21) Multiple sclerosis
- 22) Muscular dystrophy
- 23) Poliomyelitis
- 24) Post-traumatic stress disorder

- 25) Scoliosis
- 26) Seizures
- 27) Spina bifida
- 28) Spinal cord injury
- 29) Traumatic brain injury
- 30) Visual impairment
- 31) Other disabilities that one may teach

AD.2.3 Know and demonstrate where to find current information pertaining to disabilities.

AD.2.4 Self-evaluate instructional capabilities, facility environment, horse and personnel to determine riders that can be accepted as students.

AD.2.5 Know the benefits of EAS Specific to individual disabilities.

AD.2.6 Knows the realms of EAS

AD.2.7 Know and demonstrate effective and respectful handling techniques for mounting, dismounting, postural alignment.

AD.2.8 Know and demonstrate safe and effective body mechanics during mounting and dismounting.