

Slide 1

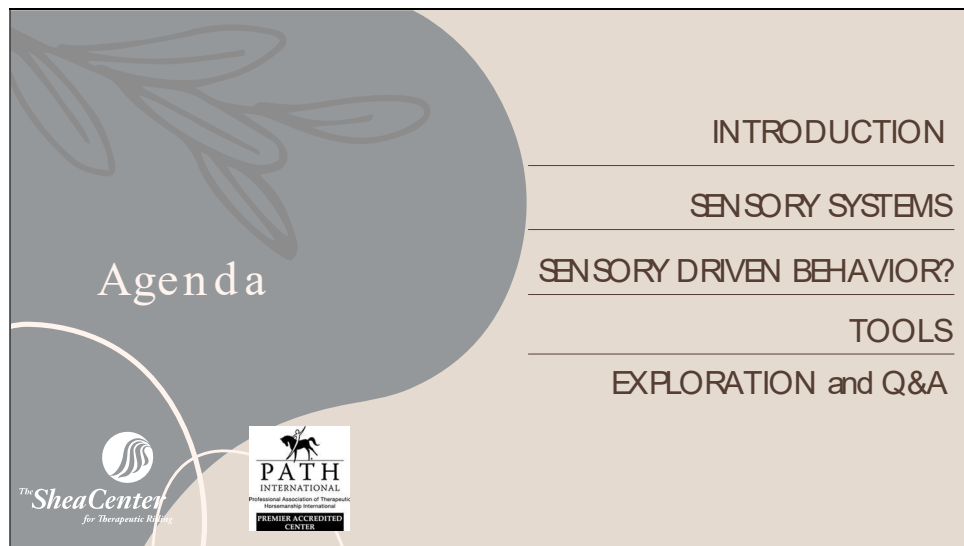


Teaching Individuals with ASD: Tools for Sensory Needs and Beyond

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Slide 2



Agenda

- INTRODUCTION
- SENSORY SYSTEMS
- SENSORY DRIVEN BEHAVIOR?
- TOOLS
- EXPLORATION and Q&A

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Slide 3

Our Occupational Therapy Team



The photograph shows three women, presumably occupational therapists, standing in a stable aisle. They are each holding the lead rope of a horse. From left to right, there is a dark horse, a light-colored horse, and a brown horse. The women are wearing dark, long-sleeved shirts and dark pants. The background shows wooden stalls and trees.

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Learning Objectives

- ❖ Sensory systems and ASD
- ❖ Identifying sensory challenges
- ❖ Sensory driven behavior or other behaviors
- ❖ Tools to help




The circular inset photograph shows a young girl wearing a pink helmet and a light purple shirt sitting on a horse. An adult woman in a blue patterned vest is leaning over the horse, looking at a tablet or book with the child. They are outdoors with trees in the background.

8 Senses of the Body

1. Tactile
2. Visual
3. Auditory
4. Olfactory
5. Gustatory
6. Proprioceptive
7. Vestibular
8. Interoceptive



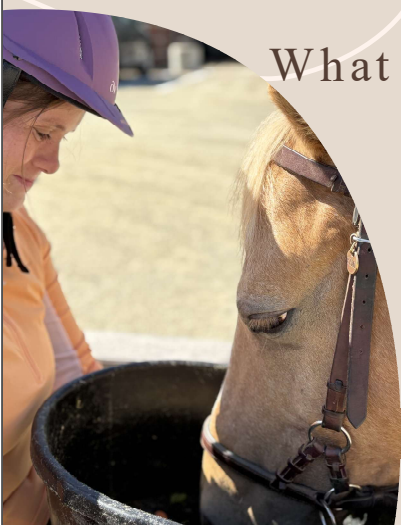
The diagram illustrates the eight senses of the body, centered around a green circle labeled "OUR SENSORY SYSTEMS". Eight arrows radiate from the center to various sensory systems, each accompanied by an icon and a label: Interoception (Internal sense) with a person holding their stomach; Visual Sight with a pair of eyes; Auditory Hearing with a person's ear; Tactile Touch with a hand touching a finger; Olfactory Smell with a nose; Proprioception (Body Awareness) with a person balancing; Gustatory Taste with a tongue sticking out; and Vestibular Movement with a person performing a handstand.

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What is Causing the Behavior?

1. Rider suddenly screams and collapses forward on their horse
2. Rider is constantly pushing side walker's hand away from their leg
3. Rider starts running across the facility despite being reminded to walk



The image shows a close-up of a rider wearing a purple helmet and an orange shirt, looking down at the head of a brown horse. The horse is wearing a halter and is positioned near a black bucket.

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Slide 7

Identifying Meltdown vs Tantrum

- ❖ Look at how the behavior presents itself
- ❖ Consider the bigger picture
- ❖ Try addressing sensory needs before lesson
- ❖ Review potential triggers



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Behavior Management Strategies

- ❖ Review appropriate behaviors
- ❖ Ignore attention seeking behavior
- ❖ Provide options or have them help create a plan
- ❖ Adjust difficulty levels to “just right challenge”
- ❖ Redirect energy or attention
- ❖ State boundaries



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Slide 10



Slide 11





Slide 12




Key Takeaways

- ❖ Addressing behaviors requires looking at the before, during, and after. Think bigger than just the behavior.
- ❖ Using sensory checklists and talking with families/caregivers can help get a better understanding of certain behaviors.
- ❖ Sensory strategies are powerful tools that help modulate behaviors in many situations and provide additional supports beyond behavior management strategies to address sensory driven behaviors often differ from strategies for other behaviors.



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Questions



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THANK YOU!!

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