

Beyond the Mounting Block

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Adaptive riding mounts and dismounts can often be the most complex part of a lesson. Even the simplest mount or dismount involves giving clear directions to volunteers, reading the horse, paying attention to rider safety, and using our own body safely. More complex mounts and dismounts can be croup or crest with multiple volunteers, ramps and lifts. Participants will learn and share ideas on how to determine which technique to use and problem-solve difficult mounts or dismounts.

Crest Dismount:



Crest Dismount Modified:



Crest Dismount Volunteer Offside Help:



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Croup Dismount:



Lift Mount Correct:



Lift Mount Incorrect:



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