

What is EAL?

- Based on experiential education
- Utilizes the horse/human connection

- Sets up participants to be responsible for their own learning
 Kinesthetic activity leads to better cognitive application
- Not focused on horsemanship but on life skill application



Who can benefit?

- · Groups who work together
- Families
- People with disabilities
- Those who have experienced trauma
- Students from school settings
- Individuals
- Anyone interested in their own personal development



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How is EAL best facilitated?

- A skilled, trained facilitator for activity selection, activity oversight and thoughtful reflection
- In partnership with a specialist to fit the group's needs (educator, HR specialist, counselor, life coach)
- Carefully selected horses to work as partners in EAL
- In an environment that is well set-up for the activities chosen



Let's define some terms and the scope of practice

- Instruction
 Coaching
- Facilitation
- Trainer
- Experiential education
- PATH Intl. certified professional
- ESMHL • CTRI
- EAL Certificate holder (Fundamentals course)



COASTER model overview – Lesson Planning for EAL













CHECK-IN OPENING

ACTIVITY

SHIFT

TRY AGAIN

REFLECT

EAL Academy Group Faciliation Model

- Open to Outcome
- Five Question Model
- Activity with Debrief
- Set up for self-discovery
- Requires skilled



Let's do some EAL activities!

- Meet and Greet
- Finish Line
- Obstacle Relay
- Horse in a Box
- Resource Priorities



Thank you!

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