## VOLUNTEER INFORMATION





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## Want to Be a Volunteer?

Volunteers are an important part of any Happy Trails activity. Without the extra sets of hands to help riders sit tall in the saddle, and guide their horses, it would be difficult to operate Happy Trails.

**Volunteering Provides:** A service that results in joy and growth for people with disabilities. Intangible rewards are the smiles. Enthusiasm and success for everyone involved. An outdoor activity. An expanded circle of friends. A chance to help others.

Jobs Volunteers Are Asked To Do: Act as a side-walker for mounted participants in the arena. After training, lead horses during a riding lesson or therapy session. Prepare and tack horses for lessons. Clean tack. Barn maintenance.

**Volunteer Training Consists of:** Orientation to our facility, programs and equine assisted services in general. Volunteer responsibilities. Safety rules and regulations. Confidentiality issues. Emergency procedures. Introduction to types of disabilities seen in the program.

As a Happy Trails volunteer your role is to be a helpful presence and to support the staff in whatever you are asked to do. Over time you will develop friendships with our participants of all ages. This is a wonderful part of being a Happy Trails volunteer, as it allows you to become a part of the lives of a variety of people and lets you share your personal skills and talents.

**How to Get Started:** To become a Happy Trails volunteer, you must be at least 14 years old and attend a one-time volunteer orientation class. These are offered several times a year. Give us a call and we'll let you know when the next one is!

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