



PATH Intl. CTRI® Application

Part III: Riding Instruction and Communication of Riding Skills

Video Preparation and Self-Assessment Activity

This activity is designed to help PATH Intl. Certified Therapeutic Riding Instructor (CTRI)® applicants, mentors and supervising instructors determine if all of the skills required to meet expectations for the video assessment have been demonstrated to the necessary level.

The following should be kept in mind while recording the video and completing this activity:

- 1) The expectations for the video are not that the rider demonstrates flawless execution of the riding pattern, but rather that the applicant demonstrates polished, correct and timely instruction of the riding skills required to perform the riding pattern.
- 2) Applicants are expected to develop and demonstrate their own style of instruction, but an essential element for a successful video is to communicate the whats, hows and whys for ALL of the riding skills required to complete the riding pattern. If more in-depth instruction of the whats, hows and whys is provided during the warm-up portion, instruction may be abridged reminders during execution of the riding pattern. It is imperative to note that instruction and communication of riding skills MUST also take place during execution of the pattern. Simply directing the rider around the arena or calling out the elements of the pattern will not result in the applicant meeting expectations.
- 3) The applicant should assess whether they took every opportunity to instruct corrections of posture/alignment, aids, appropriate pace in gaits, posting on the diagonal, leads, etc. If the rider is advanced enough to independently perform the riding skills perfectly, the applicant will not have opportunities to demonstrate their breadth of knowledge, skills and abilities in the instruction and communication of riding skills.
- 4) Simply memorizing a script of instructions will not improve your success. Applicants are assessed on in-the-moment instruction and timeliness of feedback. Applicants must be able to instruct, observe the rider's response to their instruction and then verbalize corrections or confirmations to demonstrate awareness of the effectiveness of their instruction to be successful in meeting the video expectations.

Gaits & Transitions	Skill	Describe how you will communicate the following in the warm-up and during the pattern:		
		The What	The How	The Why
		Walk	Instruction of the aids for the halt to walk transition	Warm-up: Pattern:
Posting Trot/Jog	Instruction of the aids for the walk to trot/jog transition	Warm-up: Pattern:	Warm-up: Pattern:	Warm-up: Pattern:

	The What	The How	The Why
Instruction of the posting diagonal to include acknowledgement of correct diagonals and/or correction of wrong diagonal	Warm-up: Pattern:	Warm-up: Pattern:	Warm-up: Pattern:
Instruction of changing the posting diagonal	Warm-up: Pattern:	Warm-up: Pattern:	Warm-up: Pattern:

		The What	The How	The Why
Sitting Trot/Jog	Instruction of the aids for a following seat	Warm-up:	Warm-up:	Warm-up:
		Pattern:	Pattern:	Pattern:
	Instruction of the aids for the trot/jog to walk transition	Warm-up:	Warm-up:	Warm-up:
		Pattern:	Pattern:	Pattern:

		The What	The How	The Why
Canter/Lope	Instruction of the aids for the trot/jog to canter/lope transition	Warm-up: Pattern:	Warm-up: Pattern:	Warm-up: Pattern:
	Instruction of leads to include acknowledgement of the correct lead and/or correction of wrong lead	Warm-up: Pattern:	Warm-up: Pattern:	Warm-up: Pattern:

	The What	The How	The Why
Instruction of the aids for maintaining canter/lope	Warm-up: Pattern:	Warm-up: Pattern:	Warm-up: Pattern:
Instruction of the aids for the canter/lope to trot/jog transition	Warm-up: Pattern:	Warm-up: Pattern:	Warm-up: Pattern:

		The What	The How	The Why
Half Halt	Instruction of the aids for a half halt	Warm-up: Pattern:	Warm-up: Pattern:	Warm-up: Pattern:
Halt	Instruction of the aids for the downward transition to halt	Warm-up: Pattern:	Warm-up: Pattern:	Warm-up: Pattern:

		The What	The How	The Why
Back	Instruction of the aids for the back	Warm-up: Pattern:	Warm-up: Pattern:	Warm-up: Pattern:
Pace	Instruction of how to maintain or adjust pace at any gait	Warm-up: Pattern:	Warm-up: Pattern:	Warm-up: Pattern:

Ring Figures	Skill	Describe how you will communicate the following in the warm-up and during the pattern:		
		The What	The How	The Why
Instruction of bending through the corner		Warm-up:	Warm-up:	Warm-up:
		Pattern:	Pattern:	Pattern:
Instruction of how to change rein across the diagonal using points of reference		Warm-up:	Warm-up:	Warm-up:
		Pattern:	Pattern:	Pattern:

	The What	The How	The Why
Instruction of a two-loop serpentine including change of bend	Warm-up: Pattern:	Warm-up: Pattern:	Warm-up: Pattern:
Instruction of bending through a full round circle	Warm-up: Pattern:	Warm-up: Pattern:	Warm-up: Pattern:

General Instruction and Communication Skills	Did you provide:	When:
	Clear explanation of the purpose of a warm-up for both equine and rider <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Warm-up <input type="checkbox"/> Pattern
	Clear direction of pattern elements including “where” the rider is to perform aids using points of reference <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Warm-up <input type="checkbox"/> Pattern
	A minimum of 3 What instructions <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Warm-up <input type="checkbox"/> Pattern
	A minimum of 3 How instructions <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Warm-up <input type="checkbox"/> Pattern
	A minimum of 3 Why instructions <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Warm-up <input type="checkbox"/> Pattern
	Postural acknowledgements and/or corrections as appropriate to the rider’s effectiveness in securing a balanced seat and optimizing use of aids <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Warm-up <input type="checkbox"/> Pattern
	Accurate and timely feedback to improve balance, posture and alignment of the rider <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Warm-up <input type="checkbox"/> Pattern
	Accurate and timely feedback regarding effective use of aids to control the equine at all gaits <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Warm-up <input type="checkbox"/> Pattern
	Specific praise observed as appropriate to the rider’s effectiveness at all gaits <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Warm-up <input type="checkbox"/> Pattern
	Instruction of a safe technique for the dismount <i>MANDATORY COMPONENT</i> <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Warm-up <input type="checkbox"/> Pattern
	Overall safety awareness demonstrated, particularly pertaining to PATH Intl. standards <i>MANDATORY COMPONENT</i> <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Warm-up <input type="checkbox"/> Pattern
	Tack checks observed <i>MANDATORY COMPONENT</i> <input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Warm-up <input type="checkbox"/> Pattern