

ROCK, Ride On Center for Kids  
Policy for exposure and/or confirmation of COVID-19

If a ROCK employee/volunteer/participant has confirmed or suspected COVID-19:

- An employee/volunteer/participant who has symptoms when they arrive at ROCK or become sick during their time at ROCK will immediately be separated from others and sent home. They should contact their healthcare provider for evaluation.
- Employees who develop symptoms outside of ROCK will notify their supervisor and stay home. They should contact their healthcare provider for evaluation.
- If an employee/volunteer/participant is confirmed to have COVID-19, ROCK staff, volunteers and participants will be informed of their possible exposure. Confidentiality will be maintained as required by the Americans with Disabilities Act (ADA).
- The employee/volunteer/participant may return to ROCK when:
  - They have had two negative test results in a row (at least 24 hours apart), have no fever, and respiratory symptoms have improved.
  - Or they have been fever-free for three days (72 hours) without the use of fever-reducing medications, it has been at least 10 days since their symptoms first appeared, their symptoms have significantly improved and they no longer have a productive cough.
  - Or their healthcare provider releases them to return to ROCK to resume their regular activities.

If a ROCK employee/volunteer/participant has a member of their immediate household with confirmed or suspected COVID-19,

- The employee will work from home if possible until the household member tests negative for COVID-19 or has been are fever-free for three days (72 hours) without the use of fever-reducing medications, it has been at least 10 days since their symptoms first appeared, their symptoms have significantly improved and they no longer have a productive cough. The employee must also be symptom free to return to ROCK.
- The volunteer/participant will not return to ROCK until the household member tests negative for COVID-19 or has been are fever-free for three days (72 hours) without the use of fever-reducing medications, it has been at least 10 days since their symptoms first appeared, their symptoms have significantly improved and they no longer have a productive cough. The volunteer/participant must also be symptom free to return to ROCK.

If a ROCK employee/volunteer/participant has had prolonged exposure with a person with confirmed COVID-19 (per the CDC: within 6 feet of an infected person for at least 15 minutes starting from 2 days before illness onset; for asymptomatic individuals, 2 days prior to positive specimen collection),

- The employee may continue to work at ROCK as long as they remain symptom-free.
- The employee will wear a mask and take additional safety precautions as deemed necessary by ROCK while they are at ROCK.
  - All confirmed or suspected exposures will be handled on a case by case basis taking into consideration both CDC guidelines and the comfort level of the individual involved.
- The volunteer/participant will not return to ROCK until 14 days past the time of exposure. The volunteer/participant must also be symptom free to return to ROCK.

- Participants/Caregivers who are exposed, or at risk to being exposed, due to the nature of their employment, will be handled on a case by case basis. It is expected that they are following all health and safety protocols in accordance with CDC guidelines and should not be discriminated against because of their job requirements.

If a person who has been at ROCK receives a positive COVID-19 test result,

- ROCK Leadership will trace the person's time and locations at ROCK for 48 hours prior to illness onset and notify anyone who meets the CDC prolonged exposure criteria to follow the exposure protocol as well.
- The outside area(s) used or visited by the ill person will be cleaned and disinfected.
- The inside area(s) used or visited by the ill person will be closed for at least 24 hours.
- Doors and windows to the indoor area(s) will be open as much as possible during this time and ventilating fans may be used to increase air circulation in the area.
- After 24 hours, the indoor area(s) will be appropriately cleaned and disinfected.
- After appropriate cleaning and disinfecting has been completed, the indoor area(s) can be opened for use.
- Staff without close contact with the person can return to work immediately after the disinfection is completed.
- All confirmed or suspected exposures will be handled on a case by case basis taking into consideration both CDC guidelines and the comfort level of the individuals involved.