

PATH Intl. Region 7 Schedule Changes: I2 & J2 Substitutions

Saturday, February 23, 2019

Session F

11 a.m. - 12 p.m. **F1, How to Run Your Center Like a Business and Still Keep the Heart - Part 2** **CE**

Do you think of the service you provide as a business or is it a service fueled by passion and giving back to the community? Fortunately, these descriptions are not mutually exclusive. Most of us join this field because of our passion for equine-assisted activities and therapies. In researching the challenge of sustainability for centers, one of the top issues consistently raised was business knowledge. In order to be sustainable, it is important to not only follow the passion and mission, but approach service delivery from a business perspective. Join PATH Intl. CEO Kathy Alm as she explores the steps to running your center in a sustainable manner while remaining focused on mission delivery and the "heart" of your organization. **Kathy Alm, PATH Intl. CEO** see bio under Session A1.

11 a.m. - 12 p.m. **F2, The Masterson Method of Equine Massage - Part 2** **CR-ESMHL** *expansion to 1 hour

The Masterson Method offers a unique connection with the horse. It works with the horse rather than on the horse, relying on feedback from the animals' nervous system, exhibited in twitches, snorts, yawns, changes in demeanor, heart rate, respiration and posture to let the therapist know what procedure or body part to work with next.

Diane Engelsdorfer, LMT see bio under Session E2.

Sunday, February 24, 2019

Session I

9:00 - 10:00 a.m. **I1, How to Integrate Vaulting Into Your Program**

Vaulting activities encourage teamwork, communication and creative thinking. Learn games and activities that any instructor can utilize to begin introducing vaulting to your clients and horses.

Lindsay Mohr is a PATH Intl. Advanced Therapeutic Riding Instructor and currently the Administrative Manager and an Instructor at Exceptional Equestrians. **Dayna Baynes** is a PATH Intl. Registered Therapeutic Riding Instructor and the Program Manager at Exceptional Equestrians. Lindsay and Dayna have more than 20 years combined experience in Therapeutic Riding. Both Lindsay and Dayna have incorporated vaulting activities and techniques into their Therapeutic Riding sessions with great success.

9:00 - 10:00 a.m. **I2, Attachment vs. Connection** *substitution

This session will discuss attachment versus connection and what both look like in horses and humans. Horses, much like people, respond to an individual's behavior, giving immediate feedback as to how behavior affects relationships.

These responses can be used to help improve relationship building and self-regulation for individuals who struggle with attachment.

Angela McMullin, MSW, LCSW received her MSW from George Warren Brown School of Social Work at Washington University in St. Louis. She specializes in trauma and attachment. Currently, Angela works with a clients who have experienced sexual, physical and emotional abuse at Kingsport Therapy in Gray Summit, Missouri. She also works with horses who need rehabilitation due to neglect and physical abuse. She incorporates horses and nature into all the work she does with clients.

10:00 - 10:10 a.m. **BREAK**

Session J

10:10 - 11:10 a.m. **J1, What the Horse Can Teach Us About Leadership**

Learn about the power of Equine Facilitated Learning and how working with equines can help motivate people to improve their leadership and interpersonal skills. These changes will carry over to both work and personal lives.

Cindy Schwarz is an equine assisted coach, master facilitator, experienced corporate executive and equine enthusiast. Cindy has worked with a diversified client base ranging from CEO's to entry level employees in both corporate, family-owned and non-profit organizations. Cindy's qualifications include a Master's degree in Organizational Development. She is an IFC credentialed Professional Certified Coach and administrator of many assessments.

10:10 - 11:10 a.m. **J2, Utilizing the Bemer to improve horse health *substitution**

The Bemer is designed to improve circulation thereby supporting the body's natural self-regulating processes. Blood is the body's universal means of transport. Oxygen, nutrients, chemical messengers (e.g., hormones) and immune cells are all transported through our blood. When our body's cells, tissues and organs are adequately nourished and metabolic waste products are removed, our bodies become healthy and function properly.

Marilyn Moore is the Executive Director of ASPIRE Therapeutic Riding Program in Waterloo, Iowa. Marilyn is the co-founder of the program. Marilyn is also a licensed social worker and an associate site visitor for Path Intl. Marilyn has two grown children and four grandchildren. Marilyn has presented at two different Regional Conferences. Marilyn loves to write and has had numerous articles published in a book and magazines. ASPIRE has recently acquired The Bemer and Marilyn has taken some training regarding its use.