



Region 11 Conference

April 12-14, 2024

**Hosted by:
REINS Therapeutic Horsemanship Program
Fallbrook, California**

PATH Intl. Region 11 welcomes you to an educational and fun weekend with your friends and colleagues in California. Your registration fee includes hors d'oeuvres Friday night, lunch and dinner Saturday, and a light breakfast and lunch on Sunday.

CONFERENCE LOCATION

REINS Therapeutic Horsemanship Program
4461 S. Mission Road
Fallbrook, CA 92028

LODGING OPTIONS

Host recommends Airbnb for Fallbrook

Fallbrook Hotels:
Pala Mesa Resort
2001 Old Hwy 395
Fallbrook, CA
760-728-5881

The Quality Inn
3135 Old Hwy 395
Fallbrook, CA
760-723-2888

Close cities for other options:

Vista
Oceanside

PATH INTL. REGION 11 CONFERENCE REGISTRATION

Online registration will be available February 2, 2024, through March 29, 2024. After March 29, 2024, registration will need to be completed on-site.

IF YOU ARE A PRESENTER OR CONFERENCE COMMITTEE MEMBER, DON'T FORGET TO REGISTER WITH YOUR CODE!

Registration February 2, 2024 through March 29, 2024:

Full Conference \$150 members \$200 non-members

Registration on-site after March 29, 2024:

Full Conference \$180 members \$230 non-members

Refund Policy:

No refunds due to weather unless the conference is canceled.

Written cancellation request is required for refund. Email manderson@pathintl.org

Deadline for Full Refund – Request received in PATH Intl. office by **March 29, 2024.**

Deadline for 50% Refund – Request received in PATH Intl. office by **April 14, 2024.**

Individuals who do not submit a written request to PATH Intl. by April 14, 2024 will not receive a refund.

Education:

This conference satisfies up to 12 hours of continuing education requirements.

COVID-19 Information:

REINS Therapeutic Horsemanship Program follows all CDC and State of California guidelines regarding COVID-19 virus protocols. If you are ill or have been exposed to the virus at the time of the conference, we ask that you not attend. Please see the refund policy.

AGENDA

All times are Pacific

Friday, April 12, 2024

4:30 – 5:30 p.m. **Registration & Welcome**

5:30 – 7:30 p.m. **Happy Hour Gathering and Game Night Networking Session**

Saturday, April 13, 2024

7:30 – 8:30 a.m. **Registration & Welcome**

Session A

8:30 – 9:30 a.m.

Sensory Issues, Trauma Healing and Horses! **DE**

Attendees will learn about the alchemy of the felt sense and trust, building a concept of SELF, nervous system regulation and how healing arts with horses can assist in the process.

***Karisa Kloscak, MC, LPC-AZ, LPCC-CA, SEP, RYT 200, EAP** is a licensed professional counselor in Arizona and California. She specializes in trauma healing and has learned from some of the nation's leading experts in the field at The Meadows. Karisa is also a yoga instructor, somatic experiencing practitioner, EA-EMDR facilitator, and a human in recovery who likes to meditate with horses whenever possible. She has embraced the healing arts along her own 17-year recovery journey. Karisa enjoys training others as an assistant for somatic experiencing and SEGAN The Sensory Mosaic of Healing. She is the founder of Omni Healing Movement (OHM) which incorporates many forms of healing needed to resolve trauma.*

9:30 – 9:45 a.m. **Break**

Session B

9:45 – 10:45 a.m.

Equine-Assisted Services and the English Language Learner **DE**

About 20% of California's public-school students, grades K-12 are English Language Learners. You are or will be teaching English learners (ELs) in your equine-assisted learning programs! This interactive session will look briefly at the research that informs best practices for teaching ELs. You will then learn how to make your instruction more comprehensible to the ELs in your program, and practice collaborative strategies to get your English learners using their new language in fun and meaningful ways.

Katy Maskiewicz has 32 years of experience in the Escondido Union School District and 20 years with the San Dieguito Adult School as both a classroom teacher and instructional coach. She currently runs the newcomer program for EUSD that provides support and services to students and families new to the country. She also works as a consultant for the San Diego Unified School District and San Diego County Office of Education. Katy is a lifelong horsewoman and has taught riding for many years. She has recently attained her CTRI and ESMHL with the goal of being able to combine her passion for horses with her passion for teaching immigrant students in the EAL setting.

10:45 – 11 a.m. **Break**

Session C

11 a.m. – 12 p.m.

What You Need to Know to Grow: A Conversation About Best Practices for Your Size and Scale CE

This session will help attendees understand where they are in the organization's life cycle and what to plan for next. Organizations must evolve and change as they mature. Participants will assess six key areas of their center, understand the qualities of each of these stages and then determine what areas to focus on for continued sustainability.

Dana Butler-Moburg is the CEO of The Shea Center. She has been there for the past 26 years and under her watch, the organization has grown from \$335,000 per year to a \$6.7 million annual budget. She's an expert in organizational development, governance, volunteer management and fundraising for organizations of many sizes and scales. She has worked with well over 100 centers formally or informally to help them achieve their goals. Dana is a lively presenter and is also a passionate dressage rider and PATH Intl. CTRI who teaches the occasional Shea Center client.

12 – 1:45 p.m. **Lunch with the PATH Intl. Update and Field Test Standards Update**

Session D

1:45 – 3:15 p.m.

Mission Possible: The Key Components to Preparing and Facilitating Sessions for Veterans, Active-duty Military and First Responders CE

As PATH Intl. professionals, it is vital for us to familiarize ourselves with and gain as much knowledge as possible about the populations we serve. Studies have proven the benefits of equine-assisted services for our active-duty military, veterans and first responders, and the implementation of these programs is on the rise. Gaining insight into the unique cultures of these specific groups, their ways of communication and the importance of 'completing the mission', equips us with valuable knowledge that is beneficial when preparing and facilitating sessions in a manner that allows them to acquire, retain and apply knowledge and skills. Participants will engage in exercises, with and without equines, highlighting key concepts and teaching methods that are important when working with our military and first responders.

Paige Courtney is a PATH Intl. CTRI and ESMHL with over ten years of experience providing EAS, and she has never known a life without horses in it. While she enjoys working with a wide variety of groups, her heart lies with our active-duty military, veterans, first responders and their families. As a 911 dispatcher of over 13 years and the sister of a career United States Marine, her experiences bring a unique outlook and insight to communication styles and teaching methods that are valuable when working with these particular populations.

Chief Warrant Officer 3 Shane Nolen is an EOD (Explosive Ordnance Disposal) Technician with Marine Wing Support Squadron 372 stationed at Camp Pendleton. With over 21 years of service and multiple combat deployments, his role as a U.S. Marine has gone from being 'boots on the ground' to one of leadership and training. His insight into the culture and mindset of our military, provides invaluable information to those who choose to work with this population.

3:15 – 3:30 p.m. **Break**

Session E

3:30 – 4:45 p.m.

Behavior is Communication DE

When we understand the function of a behavior and what it is communicating, we can make simple changes to our approach and replace maladaptive behaviors to socially appropriate behaviors. This makes our students be the most successful rider they can be!

Donna van Nieuwenhuizen has provided behavior support at REINS for 2+ years. She grew up in Norco California, and has enjoyed reconnecting with the horse community at REINS. When not at REINS, Donna provides training and coaching for teachers and paraprofessionals at Alvord Unified School District. She is also a Crisis Prevention Instructor (CPI), providing de-escalation techniques and appropriate staff response when an individual is in crisis. Donna's journey in behavior started 25 years ago when she started working at California School for the Deaf with the special needs population. This journey set her up with the behavioral foundation needed when her own son was diagnosed with Autism 3 years later. Over the years she has continued gaining the knowledge and understanding that behavior is a way we communicate, and that our response to that behavior has an impact on the situation both positively and negatively. Donna also has served her community as a volunteer firefighter and although she no longer serves in this capacity, she likes to think she puts out and prevents 'behavioral fires.'

4:45 – 5 p.m.

Break

Session F

5 – 6 p.m.

Youth-at-Risk Summer Project CE

This session will discuss the youth-at-risk summer camp that exposes young people to the magic of horses. Campers establish a connection with horses based on equine body language and behavior, and build a relationship with a chosen equine partner based on mutual trust and respect. These equine interactions help build self-awareness and a positive self-image. Each week provides activities and discussions with an emphasis on forming relationships with a horse and other youth.

Barbara Auerbach, J.D. was a supervising attorney in the Los Angeles County Children's Court, and she specialized in issues relating to children and families in family law, dependency, delinquency, juvenile justice, probate, civil and adoption courts. She has spent many years attending Individual Educational Programs (IEP) for children with disabilities. She also has a degree in speech pathology and audiology. She has trained judges, attorneys, parents, social workers, foster parents and others to advocate for children and adults with special needs. She has lectured as an expert in fetal alcohol spectrum disorder. Currently she is the executive director of The Circle of Horses and is a PATH Intl. CTRI.

6 – 7:30 p.m.

Dinner and PATH Intl. Region 11 Awards

Sunday, April 14, 2024

7:30 – 8:30 a.m.

Light breakfast and the PATH Intl. Region 11 Meeting

Session G

8:30 – 9:30 a.m.

How Becoming a PATH Intl. PAC Benefits Your Program CE

PATH Intl. Premier Accreditation can be an intimidating idea for some centers to commit to. This session will discuss the process briefly and share some of the lessons learned through REINS Therapeutic Horsemanship Program's experience. This session will also share some of the benefits experienced because of this achievement and why premier accreditation can help your center to grow.

Kaitlyn Siewert, MBA is the Executive Director for REINS Therapeutic Horsemanship Program. Having worked in the EAS industry for nearly 30 years, Kaitlyn has learned a tremendous amount through networking and contacts with centers all over the country. She has worked on the program side of the organization teaching lessons for most of her career and has transitioned to the administrative side over the last three years. She feels she still has a lot to learn within this industry and is very excited to see where this industry grows in the coming years.

9:30 – 9:45 a.m.

Break

Session H

9:45-10:45 a.m.

Government Funding CE

This session will discuss Partners Therapeutic Horsemanship's journey to become a vendor of the San Diego Regional Center and have access to government funding which makes their program affordable to any qualified participant. Learn how it was done and what you need to know to get it implemented.

Karen Crampton is a founder, executive director and instructor at Partners Therapeutic Horsemanship. She became a PATH Intl CTRI in 2001 and founded Partners in 2004.

Laura Barton is the program manager at Partners Therapeutic Horsemanship. She first joined the program in 2015 as an instructor candidate mentee and is now a PATH Intl. CTRI.

10:45 – 11 a.m. **Break**

Session I

11 a.m – 12 p.m.

Finding the Neutral Seat: A Never-Ending Challenge CR Riding

This presentation will cover what a neutral seat position is, why it is important, and will provide instructors with easily implementable methods that will help riders achieve and maintain the neutral seat. Discussion will include horse and tack selection, mounted exercises and teaching techniques. Attendees will develop an "eye" for anterior and posterior pelvic tilt as well as lateral pelvic tilt and pelvic axial rotation. The discussion will also cover different disabilities (physical, cognitive, and emotional) in relation to the challenge of finding a neutral seat position. Instructors will learn how to implement a variety of methods to address the needs of each rider.

Amy Sheets is a PATH Intl. Master Instructor and CTRI. She is a lead evaluator for the PATH Intl. master and advanced instructor certifications. She is an instructor at Ivey Ranch and owner of Hoofbeats Horse and Rider Training, LLC.

12 – 12:15 p.m. **Break**

Session J

12:15 – 1:45 p.m.

Lunch and Learn - Instructor to Student: Angela's Story CR Riding

Grab lunch and join this session to hear about Angela's journey through teaching adaptive riding lessons to receiving a MS diagnosis and returning as a client with a disability. With the partnership of her instructor, they navigated a new dynamic in and out of the saddle. This session will outline the progress made within the lessons, and all that's been learned along the way. It has not been an easy road for Angela, and she has a lot of insight into the struggles that other riders may face. She has the unique experience of also being a PATH Intl. CTRI, so her ability to put riders' experience at the forefront of lesson planning and skill progression is rare and valuable. Angela's journey back into the saddle has truly shown the grit, passion and dedication of a true horsewoman.

Brie Doherty is a PATH Intl. Advanced Instructor and the program director for Ride On LA, which now operates out of four ranches providing services in adaptive riding and PT/OT/ST. She has been teaching lessons since 2007 to a wide variety of riders. In addition to teaching, she has mentored many instructor candidates through certification and continues to provide support and continuing education for Ride On's team of instructors. She has competed extensively in Dressage over the years, is a USDF bronze and silver medalist on her personal horse and is working towards her gold medal.

1:45 – 2 p.m. **Break**

Session K

2 – 3 p.m.

Better Warm-up Exercises for Better Lessons CR Riding

Warm-up exercises comprise a huge portion of adaptive riding lessons and should be given equal effort into how they are taught. This session will cover how to make warm-ups really count and how to tailor the same basic exercises to different riders.

Megan McQueeny is a PATH Intl. Advanced Instructor who has been teaching adaptive riding for over twenty years. She is a USDF "L" graduate with distinction and has earned her bronze, silver and gold medals on horses she trained herself. She currently teaches at Ride On Therapeutic Horsemanship and at her own dressage training business, Jasper Ridge Sporthorses.

3 – 3:15 p.m. **Break**

3:15 – 3:45 p.m. **Networking and Q & A on Marketing and Audits**

We look forward to seeing you soon in California!