



Regional Conference

February 17-19, 2023

Presented by: PATH Intl. Region 7

**Hosted by: New Kingdom Trailriders
Sherrard, Illinois**

PATH Intl. Region 7 welcomes you to an educational and fun weekend with your friends and colleagues in Illinois. Your registration fee includes lunch on Friday, lunch and dinner on Saturday and light breakfast and grab and go lunch on Sunday.

CONFERENCE LOCATIONS

Friday

New Kingdom Trailriders

18929 81st Street
Sherrard, Illinois 61281

Saturday & Sunday

Sherrard Junior/Senior High School

4701 176th Avenue
Sherrard, Illinois 61281

Lodging Options

Wyndam Moline on John Deere Commons

Around \$99/night

1415 River Drive, Moline, IL 61265

833.498.1646

Hampton Inn & Suites Moline-Quad City Int'l Airport

Around \$99-\$109/night

2450 69th Avenue, Moline, IL 61265

855.516.1090

Holiday Inn Express Moline

Around \$119/night

2100 69th Avenue, Moline, IL 61265

309.517.6400

PATH INTL. REGION 7 CONFERENCE REGISTRATION

Online registration will be available December 16, 2022 through February 3, 2023. After February 3, 2023, registration will need to be completed on-site.

IF YOU ARE A PRESENTER OR CONFERENCE COMMITTEE MEMBER, DON'T FORGET TO REGISTER WITH YOUR CODE!

Registration December 9, 2022, through February 3, 2023:

Full Conference \$140 members \$190 non-members

Registration on-site after February 3, 2023:

Full Conference \$170 members \$220 non-members

Refund Policy:

No refunds due to weather unless the conference is canceled.

Written cancellation request is required for refund. Email manderson@pathintl.org

Deadline for Full Refund – Request received in PATH Intl. office by **February 3, 2023.**

Deadline for 50% Refund - Request received in PATH Intl. office by **February 19, 2023.**

Individuals who do not submit a written request to PATH Intl. by February 19, 2023 will not receive a refund.

Education:

This conference satisfies up to 14 hours of continuing education requirements.

COVID-19 Information:

New Kingdom Trailriders follows all CDC and State of Illinois guidelines regarding COVID-19 virus protocols. If you are ill or have been exposed to the virus at the time of the conference, we ask that you not attend. Please see refund policy above.

AGENDA

All times are Central

Friday, February 17, 2023

New Kingdom Trailriders

10 – 11:30 a.m.

Registration & Lunch

11:30 a.m. – 12 p.m.

Welcome

Session A

12 – 1 p.m.

A1, The Diamond Model of Shared Leadership™ - Part 1 CE

We operate in an increasingly complex and uncertain world and we need to reimagine “leadership” and how we can successfully navigate the world in which we live. Will we be the leaders who prepare ourselves, our communities and our generations for the future? The choice is ours; we just need to make it. Based on how wild horses lead their herds, The Diamond Model of Shared Leadership™ provides a framework to guide decision making in the midst of complexity and uncertainty. Our learning experience with the horses is designed to develop individual and team capability to share leadership using enhanced skill in paying attention, setting direction, focusing energy and being congruent. This model provides a common language that is simple, repeatable and enables the abstract concepts of authenticity, engagement, presence, trust and shared leadership to become a concrete practice.

Cindy Schwarz combined her corporate experience with her love of horses in 2018 and Ears Up Leadership was born. Cindy possesses a core belief of “who you are is how you lead” (Dr. Brené Brown). This philosophy embraces the idea that great leadership starts with self. Cindy understands first-hand the need to develop

connected, curious, confident and emotionally intelligent leaders, who will in turn cultivate great teams and lead great organizations. She has worked with clients at all levels in organizations from entry-level to CEO in corporate, family-owned and nonprofits. Cindy is a Professional Certified Coach (PCC) with a Master's in Organizational Development. She is an experienced administrator of MBTI, BarOn EQ-I, with capability in several different 360 assessments. She is a Certified Equine Assisted Coach and Facilitator, Certified Dare to Lead™ Facilitator and Certified TeachingHorse™ Facilitator, as well as a Licensed Facilitator for both Navigational Coaching (strategic coaching skills for leaders) and Feedback Conversations.

Kathleen Terry-Sharp founded Equ-Insights, LLC in 2018 and has served as the Executive Director of the ECHO Foundation since 2008. She is an Equine Experiential Education Association (E3A) Level I-Certified Equine Assisted Learning Practitioner (CEALP) and holds Level II-Advanced Certification in Corporate Facilitation (ACCF). She is a Certified TeachingHorse Facilitator and is a PATH Intl. Certified Equine Specialist in Mental Health and Learning (ESMHL). A seasoned nonprofit and higher education leader with expertise and success in areas of organizational management, leadership development, relationship-building, education principles and fundraising, Kathleen is also a Certified Fundraising Executive (CFRE) and has raised \$55M+ for colleges, universities, and small nonprofits. She earned a BA from Millsaps College, an MPA (Organizational Behavior, Policy, and Program Evaluation) from The University of Tennessee, Knoxville.

A2, Geriatric Horse Management CR All

This presentation will cover a variety of topics based around the geriatric horse. We will review what qualifies a horse as 'geriatric' and specific things to look for or keep an eye on in geriatric horses. We will touch on common geriatric diseases and some of the care that can be provided to horses that have those diseases. We will also review dietary needs and additional veterinary care that may be needed for those geriatric horses.

Dr. Ashley Wegmann, DVM grew up in Edgewood, Iowa. After graduating from Edgewood-Colesburg Jr.-Sr. High, she attended Iowa State University where she majored in Animal Science and Veterinary Medicine. She graduated with her Doctorate in Veterinary Medicine in 2018. Ashley currently lives outside of Welton where she spends her spare time raising and working with her Belgian Draft Horses, showing a six-horse hitch, and spending time with her husband and young daughter. She also enjoys trail riding and show jumping.

1 – 1:15 p.m.

BREAK

Session B

1:15 – 2:15 p.m.

B1, Equine Body Condition Scoring CR All

Feeding of horses should be based on an individual horse's relative fatness or thinness. This will be an introduction to the equine body condition scoring system which objectively assigns a numeric score to horses as determined by how much fat cover is found over key areas of the horse's body.

Debra J. Hagstrom, M.S. has served as the Equine Extension Specialist at the University of Illinois, Urbana-Champaign for over 20 years. A native of northern Wisconsin and a life-long horse owner, Debra received her Master of Science degree in Equine Studies from Texas A&M University. In addition to her equine extension work throughout Illinois, Debra teaches equine courses within the Department of Animal Science and leads several state-wide equine projects within Illinois 4-H. In her free time, Debra is an avid trail rider -- the more rugged the better!

B2, What To Do Before the Vet Arrives CR All

Learn more about the scary situations we all encounter such as choking, colic, deep cuts and emergency situations faced at the barn, on the trail and at shows. Learn to keep you and your horses safe.

Dr. Doug Anderson, DVM has been an equine veterinarian for 45 years.

2:15 – 2:30 p.m.

BREAK

Session C

2:30 – 3:30 p.m.

C1, Partnering with Horses through Touch and Observation CR All

Equine bodywork is gaining recognition in EAS programs to improve the welfare of horses that work in these settings. There is also a potential benefit to help volunteers, staff and program participants better understand

and connect with their horses when sharing some basic equine bodywork techniques as a learning activity. The Masterson Method is a unique approach to equine bodywork where the horse actively participates in the release of tension. By learning and sharing this equine bodywork with volunteers, staff and program participants using some simple light touch techniques, you can create a win-win situation in your program. Your horses will receive bodywork that is relaxing and can help release tension, while volunteers, staff and program participants will gain increased awareness and connection with the horse.

Lise Lunde, CTRI, ESMHL has been involved with a PATH Intl. therapeutic riding program over a 10-year period as a volunteer and CTRI. She is also a PATH Intl. ESMHL and is working in that capacity with a program that focuses on youth at-risk. She has been a Masterson Method Certified Practitioner for nine years and a Masterson Method Equine Specialist for six years. She is involved with teaching, coaching and mentoring Masterson Method students.

Lori Curry-Whitcomb is a Masterson Method Certified Practitioner and Masterson Method Equine Specialist. She has received certification in myofascial release and is a registered nurse with a Master's Degree in Healthcare Administration.

C2, Nutrition 101/MythBusters CR All

An overview of equine nutrition, how to select the right feed for each horse and keep it simple. Daily management tips to ensure quality and consistent care of the equine athlete.

Mark Johnson is an Equine and Livestock Specialist with Purina Animal Nutrition. He has a BS from Oklahoma State University and works with equine professionals throughout the Midwest focusing on northern IL. He supports horse owners, barn managers and trainers with sound and practical nutritional and barn management consultation. Mark and his wife Amy, maintain Rivers Bend Equestrian and have been active in the horse industry since they met in 4-H.

C3, Quality Saddle Gear and Fitting CE

Rob will be covering the various components that make up good quality leather goods, including the various types of leather and hardware. He will discuss what goes into making quality gear and how to care for it appropriately, as well as touching on the fundamentals of saddle fit and some of the factors that affect the horse and rider.

Rob Gerbitz has been working with rawhide and leather since 2003. He builds custom western saddles, a variety of western tack and also braids rawhide to make bosals, reins etc. While leatherwork is not his full-time job, it is his full-time passion. He continues his education annually through hands on experience, attending various classes and sourcing educational information online.

3:30 – 3:45 p.m.

BREAK

Session D

3:45 – 4:45 p.m.

D1, Groundwork: Establishing a Relationship CR All

Groundwork is a tool and an opportunity to establish a relationship and way of communicating with our horses from the ground first, before we get in the saddle. Without well-defined relationship and communication skills, we may be lacking what we need to dialogue with our horses and are setting ourselves up for misunderstandings, confusion and a range of emotions on both sides. If we can observe, respect and learn how the horse truly perceives life, navigates it and develops relationships, we can work with them towards many goals and also develop a strong bond and partnership.

Barb Gerbitz has been working as a trainer and clinician since 1997. She travels the Midwest throughout the year, working on teaching people how to think about and relate to the horse in a way the horse can understand. Her teachings are based on how the horse thinks, perceives information and communicates. She works with every level of rider from green to grand prix and employs horsemanship, vaquero style and classical dressage techniques to develop the horse mentally and physically towards the desired goal or discipline. When not traveling, she is working on developing her own skills, developing young horses or supporting her students from her farm in Tampico, IL. She is also a proud Black Hawk College Equine Program alumni and college instructor. She teaches colt starting from January-May in Galva, IL.

D2, Forage Management CE

Basics of Pasture Management and Hay Quality Assessment -- discussion of considerations for managing pastures to optimize yield and prevent overgrazing. Secondly, discussion of requirements of quality hay as well as how to do a visual evaluation and interpret a hay analysis.

Debra J. Hagstrom, M.S. See bio in session B1.

4:45 – 5 p.m.

BREAK

Session E

5 – 6 p.m.

E1, The Diamond Model of Shared Leadership™ - Part 2 CE

Continuation of session A1.

E2, Animal Chiropractic and What To Look For CR All

How you can maintain a horse in the process of life along with longevity for your horse with animal chiropractic and nutrition. We'll discuss health and wellness along with well-being for your equine companion.

Dr. Shanie Cahill is a 2001 graduate of Palmer College of Chiropractic and soon after became certified in animal chiropractic. She has been adjusting animals for over 20 years. As a leading member of the American Veterinary Chiropractic Association, Dr. Cahill has been a part of the AVCA certification committee and has spoken at numerous international conferences, 4-H meetings, continuing education seminars and other events. She is passionate about animal health and wellbeing and emphasizes that the animals always come first.

6 p.m.

Dinner on your own

Saturday, February 18, 2023

Sherrard Junior/Senior High School

7:30 – 8 a.m.

Registration

8 – 8:45 a.m.

Welcome and PATH Intl. Region 7 Meeting

Session F

9 – 10 a.m.

F1, Basic Sign Language for Equine Lessons DE

Do you wish you could communicate with students with hearing loss or those that use sign language? This presentation will provide the participants with an introduction to sign language. This session will teach you various signs for frequently used terms. For example, we will cover signs for emotions/feelings, directions/instructional terms, basic parts of the horse and basic tack.

Corey Lambert is an interpreter for deaf and hard of hearing students. She attended Scott Community College earning an Associates degree in Sign Language Interpreting. Since graduating in 2000, she has worked as an educational interpreter. Corey has worked at all grade levels; pre-K through high school but primarily at the elementary level. She has worked with mainstreamed students interpreting what the teacher is saying. Corey has also given one-on-one instruction to individual deaf and hard of hearing students. Corey has loved working in educational settings for more than 20 years. She has also worked with children with special needs providing respite care at home through employment with Hand In Hand and Family Care Solutions.

F2, Social Media and Event Marketing for a Small Shop CE

Do you work for a small nonprofit struggling to get your message out to the public? This presentation will teach you the ins and outs of using social media as well as utilizing your website and the media to reach a wider audience to further your nonprofit's mission as a small nonprofit. The session will include practical tips for sharing your mission on social media and will specifically focus on Facebook and Instagram. The session will also focus on your website, using community calendars, and writing press releases to send to the media.

Samantha Yeager-Walrath is the Director of Communications and Grants for Hand in Hand. She has worked for the organization for three and a half years and handles all their marketing, website, social media, and grants. She has a Master's Degree from Louisiana State University in Nonprofit Administration and a Bachelor's Degree in Marketing from Columbia College Chicago.

10 – 10:15 a.m.

BREAK

Session G

10:15 – 11:15 a.m.

G1, Understanding Autism in EAS DE

Horses can be incredible conductors of success for participants on the Autism Spectrum. However, this success can come with difficulties. This presentation will aim to explain the differences in learning that those with Autism experience. We will explore sensory differences, complex behaviors and some simple, yet effective ways to help your participants with autism reach new heights with their horse partners.

Dr. Kaiti Offe, OT, CTRI is an occupational therapist and CTRI at HETRA (Heartland Equine Therapeutic Riding Center). She has a background in pediatric clinical therapy, focusing primarily on sensory dysfunction and behavior modification. She is also a project coordinator at HETRA, producing educational webinars, mentoring professional students and hosting HETRA's exclusive podcast, "Not Just a Pony Ride."

G2, Equine Osteoarthritis CR All

An overview of Osteoarthritis in an equine: what it is, what can make it worse, radiographs/diagnosis, joint injections (reviewing the different types and why they may provide relief), and NSAIDs – (reviewing different types and what benefit they will have for your equine).

Dr. Ashley Wegmann, DVM See bio in session A2.

11:15 – 11:30 a.m.

BREAK

Session H

11:30 – 12:30 p.m.

H1, Maximize Outcomes by Cooperating With Riders' Brains DE

Did you know that there are some universal principles regarding the way the brain operates that are true for all ages, sexes, ethnicities, socioeconomic groups and areas of neurodiversity? Interestingly, our horses operate this way as well! When we understand these basic neurological concepts, we are better able to organize programs and interact with riders and their families in ways that maximize their opportunity to benefit from our efforts. This session will focus on how the brain is organized in an easy to understand way, as well as how to apply these principles to everyday practices in your program.

Jennifer Best, MS Ed., CFLE, CFCS-HSFS, BCC has worked 24 years for Iowa State University Extension and Outreach, working with families and youth, as well as providing training, project management and evaluation for schools, non-profit and governmental organizations on a wide variety of family and social issues. She has expertise in human development and parenting and specializes in high-risk populations. She is also a Lecturer and Department Coordinator in the Department of Psychology at St. Ambrose University. Jennifer has a Bachelor's Degree in Psychology from the University of Northern Iowa, and a Master's of Science Degree in Education from Western Illinois University. Her post-graduate degree is from North Carolina State University. Jennifer is a Certified Family Life Educator, has a certification in Human Development and Family Studies and is a Board-Certified Coach. Jennifer has presented at numerous national, state and local conferences, and has trained hundreds of school and non-profit staff members on various aspects of human development, including Adverse Childhood Experiences and trauma. She serves on numerous community committees and has received numerous awards including the Outstanding Field Instructor of the Year Award from the St. Ambrose University School of Social Work, the Annual Leadership and Service Award from Iowa State University and the Scott County Sheriff's Department Program of the Year Award.

H2, Instructor's Bag of Tricks - Mounted Lesson Props and Ideas CR Riding

An interactive session demonstrating mounted games, some audience participation, how to search for games that complement the goals and objectives for the student and make riding or being around horses even more fun. Bring laughter and relaxation to your sessions.

Judi Nelson has been a PATH Intl. member and therapeutic riding instructor since 2010. She is currently the PATH Intl. Iowa State Chair (2020-2023), holds a CTRI and is also a mentor. She graduated from Elmhurst College (now Elmhurst University) in Elmhurst, Illinois with a B.A. in Education, English and Music and currently substitute teaches including special education and troubled youth. Judi owns Hoofprint Hill Horsemanship which includes

13 horses of all sizes and one miniature donkey. She teaches regular horsemanship lessons as well. Judi is an Iowa open show and 4-H show judge and holds clinics for 4-H, FFA and pony club members in various counties throughout the state. She is also an avid model horse collector, amateur ham radio operator and master gardener. The Select Charity Horse Association was founded by Judi, and it holds various horse related events throughout the year to raise money for local and national charities and organizations.

12:30 – 2 p.m.

Lunch and PATH Intl. Update

Kathy Alm, PATH Intl. CEO

Session I

2:15 – 3:15 p.m.

I1, Building Resilience CE

Everyone has daily challenges to face, but what if the stress becomes toxic? This session will review adverse childhood experiences (ACEs) and trauma as they often lead to social/emotional and health issues. To be proactive for students and staff, the session will address trauma sensitive environments and ways of fostering resilient learners.

Beverly Downey-Eads, CTRI has been an educator for over 40 years. She has taught middle/high school students with special needs for 15 years, has been a special education consultant for 27 years and an adjunct professor for 16 years in the area of special education. Riding horses has been a lifelong passion including trail riding in the USA, Germany, Denmark, Iceland and Costa Rica. Recently, she has taken up the sport of working equitation.

I2, I Want To Go To Horse Camp! CE

Discover the pros and cons of holding camps as part of your programming, administrative tips for a successful camp, and curriculum ideas for creating safe, but fun memories for campers. Topics discussed will include advertising, organizing, and executing horsemanship camps that fit the needs of individual programs.

Dionne Newton, PATH Intl. Advanced Instructor, CTRI, ESMHL and Mentor has had the opportunity to be involved in multiple programs in many capacities from Volunteer Coordinator to Executive Director, but her favorite things are to teach, mentor, and do camps! Dionne has a passion for bringing people and horses together. She has over 20 years experience running week long non-equestrian overnight camps as well as horsemanship day camps for all abilities.

3:15 – 3:30 p.m.

BREAK

Session J

3:30 – 4:30 p.m.

J1, Creating a Non-judgmental and Non-discriminatory Environment CE

Join Clock, Inc., the Quad City LGBT+ Community Center, for a workshop on creating a non-judgmental and non-discriminatory environment for your riders, staff and volunteers.

Lindsey Svetlick is the Relationships Manager at Clock, Inc. LGBT+ Community Center. Her pronouns are She/Her/Hers. She has lived in the QC for over 40 years and her life legacy is to make everyone feel welcome and safe. Lindsey is married to Bek Svetlick and has a trans daughter, Jaiden. She grew up on a farm in Buffalo, IA and had the privilege of riding horses at her grandparent's farm in Maquoketa, IA. Every 4th of July there was a small rodeo on the Wilcox Homestead and she loved barrel racing. She is excited to meet everyone at the conference.

J2, Instructor's Bag of Tricks - Unmounted Lesson Props and Ideas CR All

An interactive session demonstrating unmounted games, some audience participation, how to search for games that complement the goals and objectives for the student and make being around horses even more fun. Bring laughter and relaxation to your sessions.

Judi Nelson See bio in session H2.

4:45 – 5:45 p.m.

Facilitated Networking

Network with other attendees on a variety of topics.

5:45 – 7 p.m.

Dinner and PATH Intl. Region 7 Awards, Field Test Standards Update and State Meetings

Sunday, February 19, 2023

Sherrard Junior/Senior High School

7:30 – 8 a.m.

Continental Breakfast

Session K (Both are Virtual Sessions)

8 – 9 a.m.

K1, Grant Writing **CE**

Beginner and experienced grant writers alike will have something to learn from this presentation by Lucy Charvat, Grant Manager and CTRI at Heartland Equine Therapeutic Riding Academy (HETRA). Learn how to increase the clarity of your grant writing, especially within subjects that specifically pertain to the Equine-assisted Services industry. You will also learn the best tactics to use in order to keep your audience captivated and inspire funders to support your project. Get tips on staying organized, finding new grant opportunities and much more.

Lucy Charvat first joined HETRA as a volunteer in 2018 and became a full-time staff member in 2019. Lucy became a CTRI in 2021. She currently serves as the organization's Grant Manager. She particularly enjoys sharing with others the powerful bond that is created between humans and horses through grant writing and public speaking within the community. Lucy graduated from Kansas State University with a Bachelor's of Agriculture in Animal Science & Industry with an Equine Certificate. She went on to obtain her Master's of Public Health at the University of Nebraska Medical Center with a focus on Environmental & Agricultural Health, where she obtained the Outstanding Student in Public Health Practice award as well as an award for Outstanding Research Project. Lucy has a special interest in the concept of One Health, the interconnectedness of human, animal, and environmental health. She currently serves at the PATH Intl. Nebraska State Chair. When Lucy isn't at HETRA, she enjoys spending time with her husband, cat, and rescue dog as well as reading, playing the piano, and horseback riding.

K2, Understanding the Vestibular and Auditory Influences of Behavior **DE**

An introduction to the contributions to human development by the auditory and vestibular systems. When these systems are not functioning optimally, specific behaviors that affect a person's participation in equine-assisted services may result. A short introduction to human development as affected by the auditory and vestibular systems. Participants will 1. recognize basic influences of these systems on human development 2. learn about behaviors that might result from dysfunction in these systems 3. evaluate ways in which these systems might affect participation in equine-assisted services 4. share potential avenues to increase participation in services for individuals with these difficulties.

Robin Abbott has been an occupational therapist for over 20 years and is the founder of Dovetail Therapy. Robin has presented the ideas in her book "Sound Advice: Helping Your Child with SPD, Autism and ADHD" to parents, therapists, and students throughout the U.S. and internationally.

9 – 9:15 a.m.

BREAK

Session L

9:15 – 9:45 a.m.

L1, Mental Health, Bullying, and Suicide Awareness **CE**

The Stand for The Silent (SFTS) addresses the issue of bullying with an engaging, factual, and emotional methodology, helping to develop an empathetic awareness through education and understanding.

Amber Metzger, CAN, MA, M.O.M. has worked over 20 years in the medical field, starting in family practice, then ophthalmology and now OBGYN. She was a founding member of Speak out against Suicide, based in Camanche, Iowa. During that time, she became certified in Mental Health First Aid, immersing herself in all-county trainings for mental health. During this time, she met Kirk Smalley, President of Stand For The Silent, and became a board member of Stand For The Silent. During this time, Amber has been a driving force in helping spread bullying and suicide awareness within her community and those communities she works in. Amber was able to help create the first Project Search Stand For The Silent Chapter, based in Bettendorf, Iowa.

9:45 – 10 a.m.

BREAK

Session M

10 – 11:30 a.m.

M1, Adverse Childhood Experiences and Impact through Equine-assisted Services DE

An overview of the ACES study and the neurophysiological impact of adverse childhood experiences on development. Exploring how the fight/flight system gets activated and how those manifest into symptoms and behaviors. Helping attendees recognize and understand how trauma relates to those you are serving through equine experiences.

***Liz Kantner**, a passionate educator of 21 years, dedicated to inspiring young people to reach their full potential. Experience teaching in elementary through high school settings; special education, ESL, alternative, and co-teaching. Specialized in trauma informed practices, adverse childhood experiences (ACEs), culturally responsive teaching strategies, at-risk/homeless youth programming, and educational opportunities for teen parents.*

***Anne McNelis, MSW, LCSW** is a BSW (93') and MSW (94') graduate of the University of Illinois - Chicago, Jane Addams College of Social Work. She has specialized in the field of mental health for 28 years as a clinical therapist and administrator of services for youth, families and adults impacted by mental health conditions. Anne is the Co-CEO and Clinical Director for Transitions Mental Health Services (Moline, IL), a not-for-profit mental health organization serving Rock Island, Mercer, Henry and Scott County. As a part-time Adjunct Professor for St. Ambrose University's MSW program, Anne has taught Mental Health Empowerment in Social Work, Trauma Informed Care in Social Work and Clinical Group Supervision during the last 12 years. Anne is a trauma-informed trainer and resiliency coach in the Quad Cities (8 years) and became a congressional liaison for CTIPP (Campaign for Trauma Informed Policy and Practice) in 2021. She serves on the Quad City Trauma Informed Care Consortium Steering Committee, the St. Ambrose Institute for Person Centered Care Steering Committee and is a board member for Argrow's House, a local domestic violence organization serving women and their children in the Quad Cities. Anne and her husband, Dr. Keith Frainey, just celebrated 21 years of marriage. They are doting parents to their beautiful, 12-year-old daughter, Isla, who loves riding horses in her spare time.*

M2, Resiliency and Center Sustainability CE

Greek philosopher, Heraclitus, said: "change is the only constant." Everyone who leads a center providing equine-assisted services knows that adaptation to change is an everyday occurrence. Change and growth (not necessarily bigger, but better) are critical to the sustainability of your center. One of the challenges of the pandemic has been the increase in external changes that have an impact on your center operations as well as the people involved. Join Kathy Alm, PATH Intl. CEO, to explore how to navigate the ongoing sustainability of your center through the external changes and internal demands. Learn how to utilize emotional intelligence to address the difficult circumstances and challenging times. Understand what you need to build resilience while sustaining your center and your people. Determine where you need to focus your energy for the best sustainable outcome for your center. Connect with other center leaders for future ongoing support. Take away ideas and tools to build resiliency and center sustainability.

***Kathy Alm** began her service as chief executive officer of the Professional Association of Therapeutic Horsemanship International (PATH Intl.) in August 2014. For the previous 16 years she served as executive director of Little Bit Therapeutic Riding Center in Woodinville, WA. She grew the previously grassroots organization from a \$280,000 annual operating budget to a professional \$2.1 million organization. Kathy served as the PATH Intl. board president in the 2010-2012 term, first joining the Board of Trustees in 2005. She has facilitated numerous workshops and presentations on board, staff, fundraising and strategic planning and enjoys the opportunity to share her experience as well as learn from others. Her dedication to the Equine-assisted Services industry spans over 19 years with a passion that was ignited the moment she walked through the door at her first therapeutic riding center.*

11:30 – 11:45 a.m.

BREAK

Session N

11:45 – 12:45 p.m.

N1, No Money, No Mission CE

It doesn't take an advanced degree to understand that to operate your program, you must have the resources to do so. But you must have resources to get resources and the cycle is just so exhausting. Or maybe

not. Effective fund development starts with the board and leadership of an organization and does not have to be quite as scary as it seems. Join us in a conversation about what fundraising means, how to do it and each person's role in securing the funds necessary to thrive. From front line staff to the board president, we all have an essential role to play!

Angie Kendall is a graduate of Iowa State University and a lifelong Cyclone. When you connect the dots of Angie's career, you will see this picture take shape – a collaborative champion for change. Angie, Hand in Hand's CEO, has served and led in the nonprofit community for 15 years. Early days spent serving on committees to address bullying with IPTV, informing Governors' committees about family needs and launching early childhood leadership and development opportunities gave Angie experience and relationships to grow her passion and impact. One of her most notable contributions includes co-founding the Quad Cities Trauma Informed Care Consortium, which led to changes in for-profit business, education, healthcare, law enforcement and community human services agencies throughout our region. These changes were born of hosting hard conversations, communicating complex issues and championing every person's ability (and obligation) to improve their homes, workplaces and community. Her personal brand is built upon connecting people and resources for progress and to talk with her is to know she has a talent for converting conversation to action. Angie's passion for collaboration and innovation has been recognized and leveraged by nonprofit and business community leaders alike.

N2, Preparing for CTRI Written Exam CE

Have you finally finished your CTRI application? Are you a mentor who is helping others through the CTRI certification process? Just curious what the exam looks like and how to prepare for it? Then this session is for you! There will be a brief overview of the CTRI certification process, a comparison of PATH Intl. CTRI Study Guide vs. the Instructor Education Guide, an in-depth look at the key components of the written exam, including what topics are included and study tips to help you ace the test!

Dionne Newton See bio in session I2.

12:45 p.m.

Lunch to go!

Safe travels and thank you for attending.

We look forward to seeing you soon in Illinois!