

BUILDING YOUR INSTRUCTOR TOOLBOX

Dionne Newton

*PATH Intl. Advanced Instructor,
CTRI, Mentor, and CHA-IRD*

2024 Region 7 Conference





WHAT MAKES AN INSTRUCTOR GREAT?

- Knowledgeable/Learner
- Good communicator
- Organized/Goal oriented
- Adaptable/Flexible
- Professional, but fun
- Patient
- Compassionate/Empathetic

WHY CONTINUE
LEARNING AND
IMPROVING
YOUR
KNOWLEDGE
AND SKILLS?



BEST PRACTICE

Teaching strategies, safety, medical advances, equine training and management



STUDENT PROGRESS

Better strategies to meet their needs leads to increased progress

AVOID BURNOUT

Instructors and students need fresh ideas to keep motivated

EQUINE WELFARE

Top notch management keeps our equine partners better able to do their job

INCREASE REVENUE

Add variety and value to your services

HOW DO I ADD TOOLS TO MY TOOLBOX??



IN-PERSON,
HANDS-ON
LEARNING



READ,
WATCH &
LISTEN

**From The Barnhand
Hoof Falls and Footfalls*

Teaching Review

Self or Peer Evaluation Form for Video or In-Person Reviews

| INSTRUCTOR NAME: | DATE: | | |
|------------------|-----------|-----------|-----------|
| | Student 1 | Student 2 | Student 3 |
| Horse | | | |
| Tack | | | |
| Horse Lead | | | |
| Coach/Sidewalker | | | |
| Sidewalker 2 | | | |

Lesson Objective
(written before you teach your lesson)

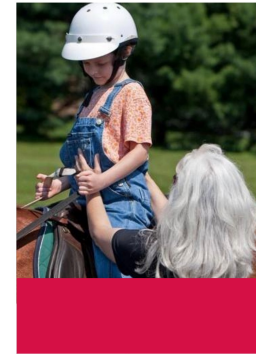
Objective: *Normal* (Sp: Action verb + riding skill) + *Standard* + measurement + level of support

Post-Lesson Quick Eval
(Do this immediately after your lesson *before* you watch the recording)

| | 3 Strengths | 2 Areas for Improvement |
|----|-------------|-------------------------|
| 1. | | 1. |
| 2. | | 2. |
| 3. | | |

ATHA

VIDEO
YOUR
TEACHING



PATH Intl.
Advanced Riding Instructor
Criteria



WORK TOWARDS
ADDITIONAL OR
HIGHER
CERTIFICATIONS



PERSONAL
GOALS
AND
PRIORITIES



HANDS – ON
LEARNING

PERSONAL COACHING
CLINICS
WORKSHOPS
CONFERENCES
UNIVERSITY CLASSES



READ, WATCH & LISTEN

READ

Read anything you can get your hands on!

- Instructor training
- Disability education
- Equine training/management
- Riding Theory
- Human and equine anatomy

WATCH

There are tons of videos/webinars available online for almost any topic! YouTube and specific websites, including PATH Intl., offer many options.

Great for visual learners!

LISTEN

Not Just a Pony Ride

Hoof Falls and Footfalls

Disability Podcasts

Riding Podcasts

Equine Management

Podcasts

Coaching/Teaching Podcast

VIDEO AND EVALUATE YOUR LESSONS



Teaching Review

Use this section as a guide while you are watching the video of your teaching.
 Tip: Wait 2-3 days before watching a video replay of your lesson.

Self-Evaluation



Did you teach to your objective? If not, why?

Was the FOCUS of your lesson an equestrian skill or something else (pattern, game, etc.)?

Was there skill progression seen in your student(s)? Where/When/How?

| 3 Strengths Demonstrated in this Lesson | |
|---|----------------------|
| Strength | Why is it important? |
| 1. | |
| 2. | |
| 3. | |

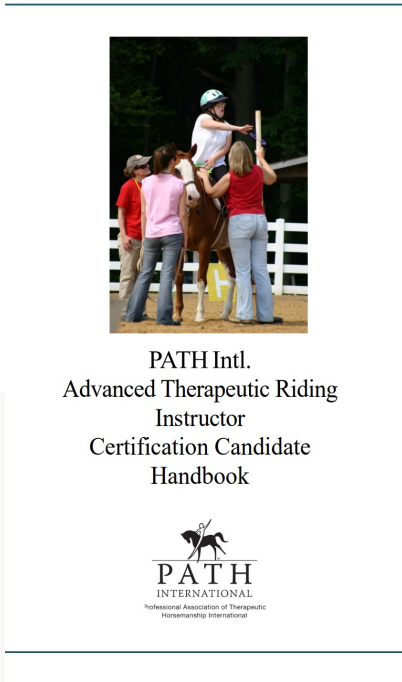
| 2 Areas for Improvement | |
|-------------------------|------------------------|
| Area for Improvement | How will I solve this? |
| 1. | |
| 2. | |

Peer/Mentor Evaluation



* From The Barnhand – Hoof Falls and Footfalls

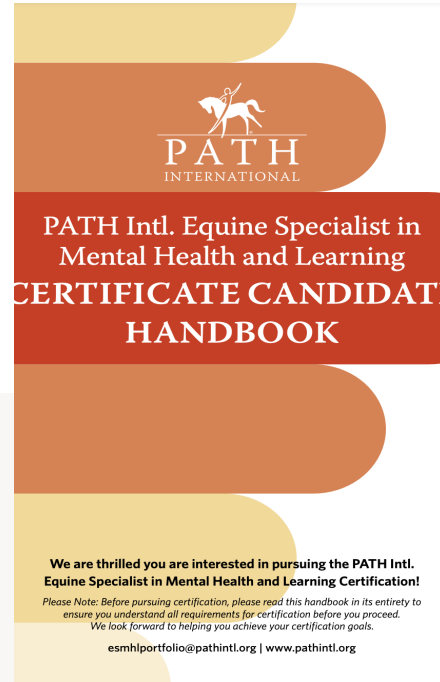
WORK TOWARDS HIGHER OR ADDITIONAL CERTIFICATIONS



PATH Intl.
Advanced Therapeutic Riding
Instructor
Certification Candidate
Handbook

PATH
INTERNATIONAL
Professional Association of Therapeutic
Horsemanship International

PURSUE
ADVANCED
CERTIFICATIONS
THROUGH
PATH INTL.

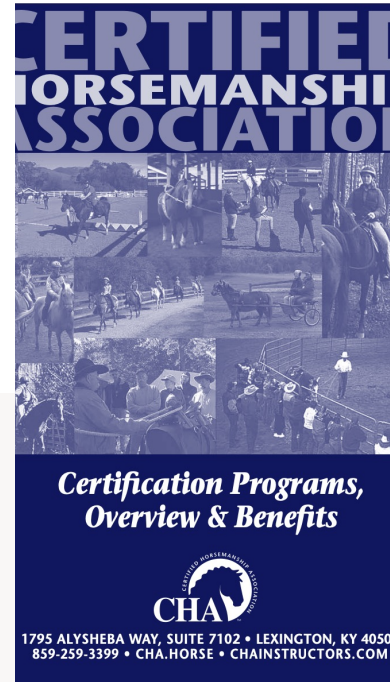


PATH
INTERNATIONAL

PATH Intl. Equine Specialist in
Mental Health and Learning
**CERTIFICATE CANDIDATE
HANDBOOK**

We are thrilled you are interested in pursuing the PATH Intl.
Equine Specialist in Mental Health and Learning Certification!
*Please Note: Before pursuing certification, please read this handbook in its entirety to
ensure you understand all requirements for certification before you proceed.
We look forward to helping you achieve your certification goals.*
esmhportfolio@pathintl.org | www.pathintl.org

ADD
ADDITIONAL
PATH INTL.
CREDENTIALS
TO YOUR
RESUME

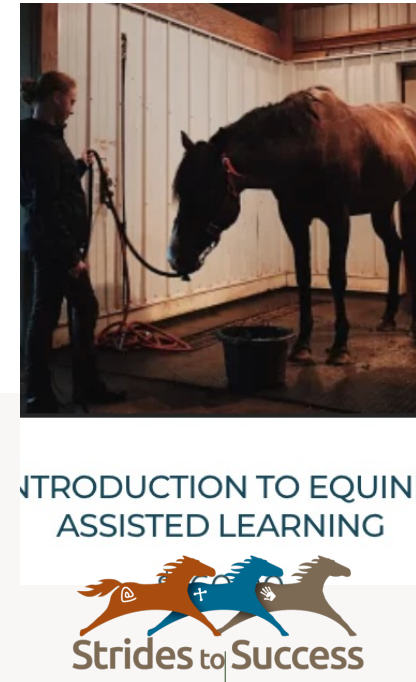


**CERTIFIED
HORSEMANSHIP
ASSOCIATION**

*Certification Programs,
Overview & Benefits*

CHA
1795 ALYSHEBA WAY, SUITE 7102 • LEXINGTON, KY 40509
859-259-3399 • CHA.HORSE • CHAINSTRUCTORS.COM

OBTAIN
ADDITIONAL
CERTIFICATIONS
FROM DIFFERENT
ORGANIZATIONS



INTRODUCTION TO EQUINE
ASSISTED LEARNING

Strides to Success



IBCCES
CAS
CERTIFIED

CERTIFIED AUTISM SPECIALIST

The International Board of Credentialing and
Continuing Education Standards hereby certifies that

Catherine Purple Cherry

has successfully fulfilled the requirements as a Certified Autism Specialist.

The Certified Autism Specialist (CAS) credential is awarded to professionals working with individuals with autism in the
education and healthcare industries. The CAS recognizes education, experience, and commitment of professionals worldwide.

Catherine M. Cherry
IBCCES President, MEd, EdS, Board Member

IBCCES International Board of Credentialing
and Continuing Education Standards Valid Thru 03-17-2020
CAS141733

COMPLETE
CERTIFICATIONS
IN SPECIFIC
AREAS OF
INTEREST

SET PERSONAL GOALS AND PRIORITIES

GOALS PLANNER

START _____ END _____

NOTES

GOALS

ACTION STEPS

ACTION REVIEW

GOALS

ACTION STEPS

ACTION REVIEW

PRIORITY MATRIX

DATE: _____ M T W T F S S

IMPORTANT - URGENT

IMPORTANT - NOT URGENT

URGENT

NOT IMPORTANT - NOT URGENT

My Goals on a Page

YOUR GOAL

YOUR GOAL

YOUR GOAL

YOUR GOAL

Goal Setting

YOUR GOAL

SPECIFIC

MEASURABLE

ACHIEVABLE

REALISTIC

TIME-BOUND

YOUR UPDATED GOAL

Goals that are not written down are just wishes

www.Liketosharepages.com

S.M.A.R.T - GOAL SETTING

Start date: _____ Deadline: _____

What is the goal? Why is it important to me?

What resources do I have?

What challenges may I face?

S SPECIFIC. What do you want to achieve?

M MEASURABLE. What data will you use to measure the goal?

A ACHIEVABLE. Is this achievable with the resources and the scheduled time?

R RELEVANT. Why do you want to achieve this goal?

T TIME BASED. What is the time-frame for you to achieve this goal?

Adaptive Horsemanship/Riding Instructor Growth & Development Activity

GOAL SETTING FOR INSTRUCTORS

Whether you are in the Equine Assisted Services (EAS formerly EAAT) industry as a volunteer, part-time, full-time, or anywhere in between instructor, it is important to set short and long term goals to avoid becoming stagnant and to continue growing. Setting goals helps you to stay motivated and focused so you use your finite personal resources (time, energy, talent, energy) wisely and hopefully avoid getting sucked down a pesky rabbit trail that looks attractive at the moment but takes you away from where you really want to be long-term.

INSTRUCTIONS

In the boxes below, fill out your **BIG** goals as they relate to you as an instructor and where you want to be/what you want to be doing in the EAS industry in the time frames given below. Don't let 'limiting' factors impact these goals (we will tackle those later). DREAM BIG! Be specific!

The goals below in this section should be overall instructor/ EAS career goals.

IDEA STARTERS: Do you want to move from part time to full time? Do you want to present at regional and national events? Do you want to double your student load? Do you want to have fewer horse burnouts? Do you want to start your own program? Do you want to gain a certification?

TIP: Work backwards. Start with where you want to be in 5 years...then think about what you need to do in 3 years to get there. Look at your 3 year goal and identify the major things you need to do in the next 1 year to get you rolling.

1 Year BIG Goals (top 1-2 things to help you reach each 3 year goal)

3 Year BIG Goals (top 1-2 things to help you reach each 5 year goal)

5 Year BIG Goals (top 1-2 things you want to have accomplished by this time)

Adaptive Horsemanship/Riding Instructor Growth & Development Activity

IDENTIFYING YOUR LIFE PRIORITIES

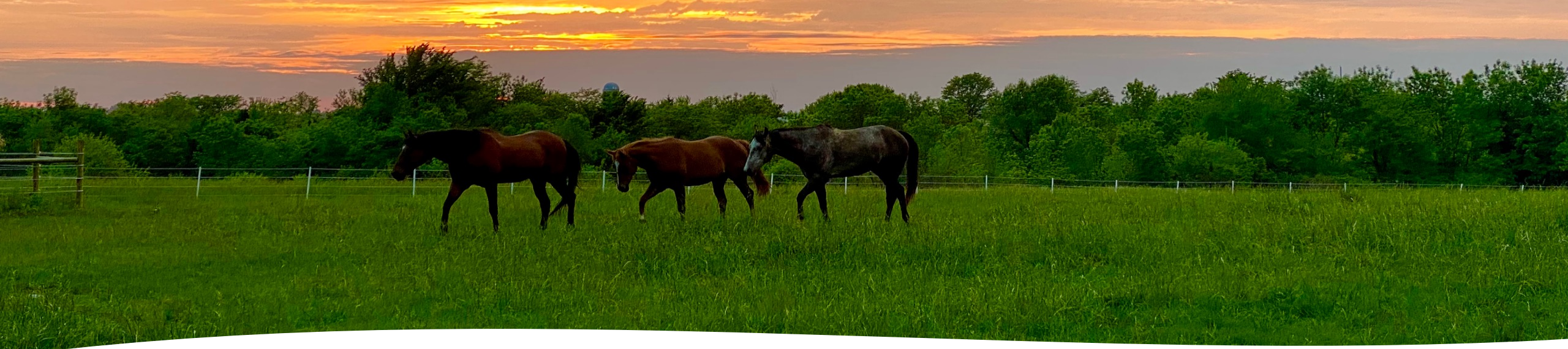
time to take a overview of your life and determine your priorities. As an instructor, often we are also a spouse, parent, friend, employee, student...and so much more. What our priorities are is important in maintaining balance in our lives and/or recovering from instructor burnout, and helping us set and reach goals.

In the space below list all of the things that are important to you in your life and/or work. Do not worry about a specific order right now...we will sort them out later.

PIC priorities:

- Riding my horse 2x a week
- Volunteering at the animal shelter
- Making it to my child's soccer games on Saturdays
- Being promoted to manager
- Graduating with my masters

*From The Barnhand Hoof Falls and Footfalls



EDUCATIONAL RESOURCES



Online
Resources



Books



Podcasts




Facebook
Groups

EAS SPECIFIC ONLINE RESOURCES




HEARTLAND EQUINE THERAPEUTIC RIDING ACADEMY
HERE TO TEACH & SERVE
1989
UNIVERSITY

(free and paid content)



HOOF FALLS & FITTFALLS
Equipping and empowering instructors to change lives through safe, high-quality adaptive equine activities.



(free content)



The Intuitive Instructor Club
Uniting instructors from around the globe while facilitating the development and refinement of their instructor intuition.

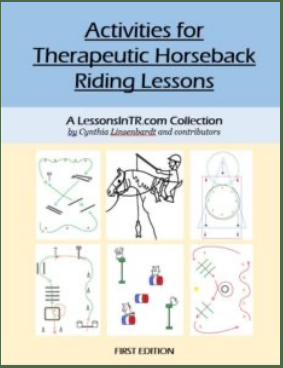


(\$123/year)



50 YEARS
HIGH HOPES
50 Years of Empowering Lives

(free and paid content)



Activities for Therapeutic Horseback Riding Lessons
A LessonsinTR.com Collection
By Cynthia Liszenbernd and contributors
FIRST EDITION



TEACHING AIDS FOR EAS
flashcards | games | activity boards | printables
TEACHINGAIDSFOR EAS.COM



FREEDOM RIDER

ONLINE LESSON RESOURCES

**The
Riding
Instructor
(free)**



**The
Virtual
Equestrian
(free)**



**Horse
Smarts
Activity Guide
(\$144)**



Allpony
(\$80/year
store w/
printables)



**Horse Riding
Lesson Plans
(\$50 one-time fee
Some free content)**



THANK YOU!



Dionne Newton

abilitycenteredhorsemanship@gmail.com

(913) 660-5107